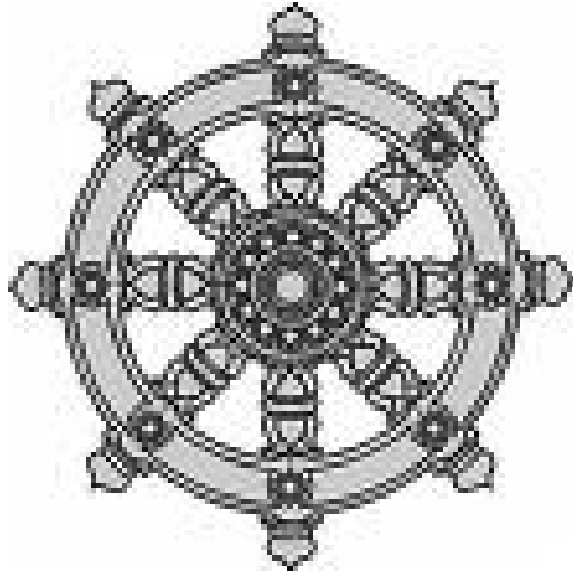


# Greenville Unitarian Universalist Fellowship



## *Buddhist Mindfulness*



December 6, 2009

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**Reverend Pat Jobe**  
Minister

**Kris Beliakoff**  
Director of Lifespan Religious Education & Administration

# GREENVILLE UNITARIAN UNIVERSALIST FELLOWSHIP

Sunday, December 6, 2009

## *Order of Service*

<b>Gathering Music</b>		Charlie Smith
<b>Welcome</b>		Reverend Pat Jobe
<b>Sharing the Hand of Fellowship</b>		All sing
<b>Prelude</b>		Charlie Smith
<b>Chalice Lighting</b>		Gordon Branson
<b>Opening Words</b>		David Tucker
<b>* Opening Song</b>	<i>Come, Come, Whoever You Are – #188</i>	All sing
<b>Community Caring</b>	<i>Please share your joys &amp; sorrows in our Community Memory Book before or after the service.</i>	
<b>Candles of Joys &amp; Sorrows</b>		Gordon Branson
<b>A Story for All Ages</b>		Sarah Lopez
<b>Children's Benediction</b>	<i>Go Now in Peace – # 413</i>	All sing
<b>Offertory</b>		Charlie Smith
<b>Meditative Reflection</b>		David Tucker
<b>Sermon</b>	<i>Buddhist Mindfulness</i>	David Tucker
<b>* Closing Song</b>	<i>Be That Guide – # 124</i>	All sing
<b>Closing Words</b>		David Tucker
<b>Postlude</b>		Charlie Smith
<b>Benediction</b>		Gordon Branson

*Flowers today are placed by Bibi & Wade Harris in honor of their 20<sup>th</sup>  
wedding anniversary.*

### "Hymn Hotline"



*Feeling despaired in a way that only your favorite tune can cure? Never fear, the  
Hymn Hotline is here! Let us know what you'd like to hear and we will get it in the  
service, and with a nod your way to boot! Email [music@greenvilleuu.org](mailto:music@greenvilleuu.org) today!*





in RE classrooms and common area. Note: Return back to collect your child by 5 PM and our wrapping service will be available!

**Children and Youth Religious Education  
Dates to know**

December 6<sup>th</sup> – Senior High parent and teen meeting. After the service.  
December 11<sup>th</sup>-12<sup>th</sup> -- Middle School Poverty LockIn, 6:30 Friday to 11:30 Saturday morning.  
December 13<sup>th</sup> – Parent's Afternoon out. 12:30 to 6 PM.  
December 13<sup>th</sup> and 20<sup>th</sup> – Holiday wrapping fundraiser.

**Next RE Meetings:** Children and Youth – December 13<sup>th</sup>, 10 AM; Adult RE – January. Check your weekly *Spark*. New committee members always welcome! Childcare provided by childcare staff or volunteers.

**New Adult RE Class taking registrations!**

**Our American Roots, Unitarian Universalism in North America  
Starts January 24th. 9:45 AM, Sundays. Six sessions. Facilitator:  
Karen Conrad**

**Downstairs lounge**

**Registrations requested: [adultregistrations@greenvilleuu.org](mailto:adultregistrations@greenvilleuu.org)**

Using video, readings, and discussion, this course offers an overview of some of the most significant issues, people and moments in UU history in the early days of our country, giving newcomers and old-timers alike a unique perspective on the development of our nation and the significant role of our religious forebears. At a time in our history when the religious right is laying claim to our nation, these videos may help educate and support Unitarian Universalists in claiming the role our religious forebears played in forming our United States and to carrying forward the cause of liberty and justice for all.

**Sunday morning adult RE classes**

Childcare and/or children's activities are provided for the littlest ones so all of you (with children or without) can come early and replenish your spirit, meet some great fellow GUUF community members and enter into great dialogue. Grab a cup of coffee from our GUUF Café and try one of the following:

Course in Miracles — What if we are all connected and what we see is an illusionary experience? 9:30 AM, PK—K class room.

Discussion Group — Topical and changes week to week. Occasionally hosts a curricular topic. 9:45 AM, Founders Room.

Saving Jesus — Liberal interpretation of the man named Jesus and the teachings that have shaped our culture. 9:30 AM Downstairs lounge.

Choir — Sing, play an instrument, tap your toes, just join! 9:30 AM

Spirit Play manipulatives — Help us prepare our amazing story materials. 10 AM .

Scrapbookers — Help us preserve the memories of this wonderful spiritual community. 10 AM.

Knitting ministry — Relaxed time to chat and help out refugees facing another harsh winter. 10 AM, GUUF Café.

**10 AM Children's Activities Schedule and Needs**

***Can you help? Activities start at 10 AM***

6-Dec-09 Children's Chapel and decorating RE tree Kris B.

13-Dec-09 Practice songs for the service: Joy Hughes and \_\_?\_\_

20-Dec-09 Practice song for service: Joy Hughes and \_\_?\_\_

27-Dec-09 New Year's- related activity or craft: \_\_?\_\_ and \_\_?\_\_

3-Jan-10 Children's Chapel (Yule Log!): Kris B.  
10-Jan-10 Lego competition: \_\_?\_\_ and \_\_?\_\_  
17-Jan-10 Play room: \_\_?\_\_ and \_\_?\_\_  
24-Jan-10 Decorations for spaghetti luncheon/Special Friends:  
\_\_?\_\_ and \_\_?\_\_  
31-Jan-10 Decorations for spaghetti luncheon/Special Friends \_\_?\_\_  
and \_\_?\_\_  
7-Feb-10 Children's Chapel and gifts for Special Friends: Kris B.

### **Are you willing to share your Spiritual Practice with our youth?**

Our senior high class is a very busy group that takes time once or twice a month to slow down and experience a spiritual practice shared by an adult. Do you have one that you are willing to share? Yoga? Meditation? Painting? Knitting? Hiking? Social action? If you would be willing to join our class one morning at 11 AM, please let Kris know and she will help you plan and find a date in the calendar that works for you. This group has completed the Coming of Age program. *Thank you to all of you that have responded. This initiative is going very well!*

#### **How to Reach Us:**

Kris Beliakoff, Director of Lifespan Religious Education & Administration  
Office 271-4883, Cell 906-5368, Email: [dre@greenvilleuu.org](mailto:dre@greenvilleuu.org)  
Office Days: Sun – Thurs  
Bridget Thompson, Youth Director  
Email: [youthdirector@greenvilleuu.org](mailto:youthdirector@greenvilleuu.org)  
Karen Conrad, Adult Religious Education Chair  
Email: [innisfreedesigns@yahoo.com](mailto:innisfreedesigns@yahoo.com)  
Jennifer Cowden, Children and Youth Religious Education Co-Chair,  
<[cowden@charter.net](mailto:cowden@charter.net)>,  
Steve Duda, Children and Youth Religious Education Co-Chair, [Steve.Duda@aecom.com](mailto:Steve.Duda@aecom.com)

**For photos from children and youth events, join Facebook and “befriend” GUUF DLREA. Parents, make sure your children are registered to stay in the information loop!**

#### ***~~On Going Meetings and Classes~~***

##### ***Childcare begins at 9:30 am each Sunday***

**A Course in Miracles** (CC) Sundays, 9:45 — 10:45 am, Contact: Jean Blank (239-0110)  
**Beginner African Drumming** (CR) 1<sup>st</sup> Thursdays 6:30 – 7:30 pm class fee, 4<sup>th</sup> Thursday 6:30 – 7:30 pm beginner practice, Contact: Joan Baker (232-1660)  
**Finger Food & A Movie** (SAC) 2<sup>nd</sup> Sunday each month, 6 — 10 pm, Contact: Bo Boghani (458-8332)  
**Discussion Group** (FR) Sundays, 9:45 — 10:45 am, Contact: Cliff Beck (848-9734)  
**Women's Book Group** (WR) 2<sup>nd</sup> Sunday each month, Contact: Susan Cooper (288-4912)  
**Zen Meditation** (SAC) Tuesdays, 7:30 pm promptly, if you need some guidance then show up at 7:15 pm, website: [meditation.meetup.com/216](http://meditation.meetup.com/216) Contact: Carole McAfee (834-7390)  
**Old GUUFers** (Off Site) 2<sup>nd</sup> Thursday each month, 12:00 – 2:00 pm, Contact: Suzanne Hart (235-1714)  
**GUUF Singers** (CR) Sundays, 9:30 – 10:45 am, Contact: Miriam Davidson (285-0994 or [miriam@wishingchair.com](mailto:miriam@wishingchair.com))  
**Hiking Group** (Off Site) on going with dates and locations to be determined, Contact: Karen Csizmadia (322-6441)  
**New Earth Spirit Group** (TBA) 2nd Saturday each month, will support all fire ceremonies, interested persons should contact: Dana Couillard at (423-4221 or [windwalkermoon@yahoo.com](mailto:windwalkermoon@yahoo.com))







## UU United Nations Office Director to Speak Bruce Knotts

Bruce Knotts, a retired U.S. diplomat and current head of the United Nations Office of the Unitarian Universalist Association will bring to Greenville, SC his message that small groups of committed people can change the world. Knotts has been heavily involved with the International Criminal Court. He continues to advocate for the women and children of Sudan. Knotts, an openly gay man, has successfully brought to the international stage the issue of equal rights for LGBT people. His newest initiative is shaping global climate change policies at the United Nations and examining what role faith based

organizations play in forming those policies. Knotts has represented the United States at embassies in more than 20 countries and served on the UN High Commission on Refugees. Dynamic and personable, Knotts brings stories of success and a message of empowerment to both adults and youth. Knotts will speak Saturday night, January 9th at 7 PM at a wine and cheese reception. Reservations for the Saturday night reception are required and can be made by contacting the office at 271-4883 or email [office@greenvilleuu.org](mailto:office@greenvilleuu.org). He will also speak Sunday morning, January 10th at 11 AM. Both events will be held at the Greenville Unitarian Universalist Fellowship at 1135 State Park Road. For further information, please call 864.271.4883.



### UU UNITED NATIONS OFFICE DIRECTOR TO SPEAK BRUCE KNOTTS

JANUARY 9TH  
SATURDAY 7:00 P.M.

A wine and cheese reception will give Knotts an opportunity to speak and answers questions.

JANUARY 10TH  
SUNDAY 11:00 A.M.

Knotts will speak during Greenville UU Fellowship Sunday morning service.

Bruce Knotts, a retired U.S. diplomat and current head of the United Nations Office of the Unitarian Universalist Association will bring to Greenville, SC his message that small groups of committed people can change the world. Knotts has been heavily involved with the International Criminal Court. He continues to advocate for the women and children of Sudan. Knotts, an openly gay man, has successfully brought to the international stage the issue of equal rights for LGBT people. His newest initiative is shaping global climate change policies at the United Nations and examining what role faith based organizations play in forming those policies. Knotts has represented the United States at embassies in more than 20 countries and served on the UN High Commission on Refugees. Dynamic and personable, Knotts brings stories of success and a message of empowerment to both adults and youth.



EVENT LOCATION - GREENVILLE UU FELLOWSHIP  
1135 STATE PARK ROAD, GREENVILLE, SC 29609

FOR MORE INFORMATION  
864.271.4883 OR EMAIL [PAT.JOBE13@GMAIL.COM](mailto:PAT.JOBE13@GMAIL.COM)



## GUUF Columbarium & Memorial Garden

The Columbarium is finished. If you have not seen it you need to make a little walk through our memorial garden. As the grass takes root and the plants mature we will have a truly lovely place.



The memorial wall between the two columbaria sections still waits for some decisions about who from the past to remember there. If you have a thought go to our homepage [greenvilleuu.org](http://greenvilleuu.org)--members area--Columbarium, and download a memorial plaque application. Fill it out and send it in.

Remembering those already in our scatter garden, a full list of information has been compiled and is listed on the website--Columbarium-- Scatter Garden Bios. It is worthwhile reading. Many of the people in our garden have lived impressive lives. Link to see Bios: <http://greenvilleuu.org/namesScatter.html>

### **The Winter Leadership Development Program Begins January 17<sup>th</sup>**

Calling all people who want to learn new skills, explore potential leadership abilities, satisfy your curiosity, or just look for something to do on winter Sunday afternoons -- The Winter Leadership Development program begins January 17<sup>th</sup> and concludes on February 21<sup>st</sup>. The sessions begin at 12:30 p.m. and end at 2:00 p.m. Lunch will be served. These classes are open to all members of the congregation and there is no commitment to accept a leadership position.

The topics to be covered are:

- Session 1      What type of leader are you?
- Session 2      GUUF Structure 101
- Session 3      Meetings, Meetings, and More Meetings!
- Session 4      Communications – The Lifeblood of a Committee
- Session 5      Building A Successful Committee
- Session 6      Tying Up The Loose Ends & Celebrating Our Success

While these sessions are tailored to GUUF, the skills we will discuss are transferable to any organization including the workplace. Please RSVP to [pastpresident@greenvilleuu.org](mailto:pastpresident@greenvilleuu.org) so that we can plan for materials and food. If you have any questions or would like more information, please contact any member of the Leadership Development Team: Peggy Baker, Candy Kern-Fuller, Matt Fitzer, Chip Radford, or Jim Buschur.



*Want to Contact Us?*

Greenville Unitarian Universalist Fellowship  
1135 State Park Road, Greenville, SC 29609

864-271-4883 ♦ fax 864-271-6088  
[www.greenvilleuu.org](http://www.greenvilleuu.org) ♦ [office@greenvilleuu.org](mailto:office@greenvilleuu.org)

Office Hours  
Monday - Friday  
10 am – 4 pm

Rev. Pat Jobe, Minister  
Kris Beliakoff, Director of Lifespan Religious Education & Administration  
Corry Clark, Office Administrator  
Bridget Thompson, Youth Director  
Scott Gilbert, Sexton  
Lana Gilbert, Childcare Coordinator