

Highlights in Lifespan Religious Education



From Babies to Sages
March 15, 2009



Classes and Events Today

- 9:30 *Childcare begins*
9:45 *Adults — Course in Miracles, Discussion Group, Saving Jesus, UU Orienteering*
Children -- Children's Chapel with Kris Beliakoff
10:00 *3 Years to 4th Grade – Spirit Play*
5th-6th Grade – Kingdom of Equals
11:00 *Middle School – Class with advisors*
9th -12th grade is at the Mountain, in the service or helping with the younger children.
11:20 *Elementary – Fellowship Time with volunteers.*

Annual RE Rummage Sale March 28th 8:00 AM

Donations needed. Place to the right of the stage in the Fellowship Hall or bring to RE area upstairs.

Items for donation are now being collected. Most people bring their items the night before but we will take items earlier. Volunteers needed for setup Friday night 5 PM to 8PM (and you may pre-purchase items then). This evening is relaxed and fun. Volunteers needed as cashiers on Saturday. Come help us bargain with the public! Clean up volunteers needed for Sunday. All proceeds benefit GUUF Children and Youth Religious Education. Unsold items are donated to Habitat for Humanity Home Store and Goodwill. Please contact Kris Beliakoff or sign up on the RE volunteer wall.



Middle School Neighboring Faiths March Judaism Dates

Sun., March 22, 11 am - Judaism intro

Sun., March 22, 12 noon - ShalomFest at Temple of Israel (flyers sent to the families)! Families are encouraged to attend together, but we can take your kids if they need rides. Bring money for food and activities.

Friday, March 27, 6:45 pm - meet for dinner at Cici's on Haywood Rd. (optional, of course); 7:30 Leave from Cici's to attend 8 pm Shabbat service at Temple of Israel

Sunday, March 29, 11 am - Judaism wrap-up

Let me know if you have any questions. We'll be asking for RSVPs for ShalomFest and the Friday night service when the dates are nearer.

Shalom, Nancy Fitzer



A SEDER FOR ALL AGES!

All are invited to attend a Passover Seder brought to you by the CYRE committee. Please join us April 19th, 1:00 PM in the Fellowship Hall. We will learn the stories and traditions associated with a Seder, and share a traditional meal

(with vegetarian options) afterwards. To attend, all you need to do is RSVP by April 5th and purchase your ticket. Tickets are \$10.00/family or \$5.00/person. Proceeds will cover part of the cost of the lunch. You are also welcome to help RE by contributing a small part of the meal. We will have a list of donation items available when you purchase your ticket. If you would like to help with this event, please contact Wendy Plummer at wplummer@wyckoffllc.com or 864.654.1334. All other questions, please contact Kris Beliakoff or a member of the CYRE committee. Tickets are available from committee members before or after service after February 1st.

Pizza and Palestine
March 29th 5th-6th Grade Class

Kids, join us for lunch and relaxed time to finish building the model of a town in ancient times. The model is part of our curriculum studies, but the care and patience the children have shown is part of their personality. We have been working on this model all year and need more time to finish. The kids are asking for time to relax and be together on this project. So, while the adults attend the Welcoming Congregations panel or browse the leftovers from the Rummage Sale, this class will share a meal and project time. I hope you will be there!

Easter Plans!!!

April 12th is our annual Easter egg hunt. We do this after the service so that the adults can watch the children and participate too if they like. Our time at 10 AM is relaxed fellowship time with simple activities for the children. At 11 AM after the story in the service, the children and teens participate in the annual egg engineering competition. This year we return to the egg drop. Bring in or make with us at 10 AM a container to help an egg survive at least a 15 foot drop (maybe more!). Guidelines will be coming. This year, we will end our egg drop competition with launching an egg on a rocket. Will it make a safe return to "earth?" We will have to see! Adults -- those that wish to let their inner Easter Bunny out -- please join us as a volunteer. Simple assistance that day with no prep is needed.

~ ~ On Going Meetings and Classes ~ ~

Childcare begins at 9:30 am each Sunday

A Course in Miracles (LOR) Sundays, 9:45 — 10:45 am, Contact: Jean Blank (239-0110)

African Drum Classes (FH) 1st Thursday each month, Contact: Joan Baker (232-1660)

Discussion Group (FR) Sundays, 9:45 — 10:45 am, Contact: Cliff Beck (848-9734)

Women's Book Group (WR) 2nd Sunday each month, 9:45 — 10:45 am, Contact: Susan Cooper (288-4912)

Zen Meditation (LOR) Tuesdays, 7:30 pm, Contact: Carole McAfee (236-8484)

Senior Fellowship (FH) 2nd Thursday each month, 12:00 – 2:00 pm, Contact: Suzanne Hart (235-1714).

Dinner & A Movie (FH) 2nd Sunday each month at 6:00 pm, Contact: Bo Boghani (458-8332)

The ManKind Project (WR) Wednesdays, 7:00 — 9:00 pm, Contact: John Szczesniak (901-6068)

GUUF Singers (CR) Sundays, 9:30 – 10:45 am, Contact: Miriam Davidson (285-0994 or miriam@wishingchair.com)

Yoga (FH) Tuesdays beginning February 3rd until March 31st, 9 weeks, 6:30 — 8:00 pm, Contact: Bruce Cable (906-8067)

Drop-In Artist Group (FH) Open to any and all artists, Mondays, 1:00 — 4:00 pm, Contact: Carole Lavash (855-3821)

New Adult RE Classes Taking Registrations:

Meditation in Motion with Dan Lally – Filling up, please RSVP by calling the office at 271-4883.

March 14, Saturday, 9:30 AM—12:30 PM, Fellowship Hall

There is no fee for this class, sponsored by the ARE Committee

Dan Lally will present a three-hour workshop on Meditation-in-Motion – a holistic approach to sacred scripture. Seeking common ground among Christianity, Hinduism, Taoism, Buddhism, Islam, and Judaism, Dan will present his unique approach to blending motion into spiritual studies. He presented at General Assembly and is traveling down from Kentucky to join us for our own winter refresher.

“Daniel Lally, BA University of Notre Dame, is the founder of Body-Centered Solutions, Way Chi®, Mission-in-Motion®, and the co-founder of Astrolo-Chi®. He is also author of various books and videos, and is certified in yoga, reiki and acupressure. His passion for holistic and inclusive approaches to peace began with Richard Bach, Michael Murphy and Taoism books in 1985, and deepened with inner child healing work championed by John Bradshaw. With Michael Whiting in 1990 he began to experience powerful transformations *as a student of chi gong, meditation and interfaith sacred literature. Daniel is also a 2003 graduate of the Hakomi Body-Centered Psychotherapy training and a member of The Mankind Project®.*”

More info at . . . <http://www.earthrhythms.biz/>

Rise Up and Call Her Name, A Woman-honoring Journey Into Global Earth-based Spiritualities

9:00 AM Sundays*, Women’s Room

Designed for female and male participants from mature teen to adult, this curriculum explores ethical principles central to a variety of Earth and woman-honoring traditions around the globe and throughout history. We will offer this course in several blocks, with this block focusing on Native American studies. A wide range of activities including music, art, dance, poetry, dialogue and ritual provide diverse opportunities to develop fresh perspectives on fearlessness, compassion, nurturing and numerous other aspects of personal spirituality. Registration required along with childcare needs by March 1st. Contact the office, Kris Beliakoff or Annie Pal. *Dates: March 22nd, March 29th, April 5th, April 19th and April 26th.

Ethical Wills with Rev. Norm

March 25th, Wednesday, 7 PM, Founders Room

Most of us have heard about wills, living wills, powers of attorney, last wishes, etc., but have you ever thought about what you leave behind of a more spiritual nature? From Yourethicalwill.com: “You are much richer than the sum of your material assets, yet your legal will only addresses the question, ‘What do I want my loved ones to have?’ An Ethical Will is a personal legacy letter that transmits the non-material assets that are also of great importance: your values, your story, the lessons life has taught you, the information that is too valuable to risk being lost. Your Ethical Will is the tool that enables you to address the question, ‘What do I want my loved ones to know?’ Not everyone can pass along a financial legacy, but everybody can transmit some of the richness of life by creating an Ethical Will.”

Join the Reverend Norm Stewart in this workshop that explores the art and the science of creating what some call, the most important document your heirs may receive. Registration required along with childcare needs by March 22nd. Contact the office or Kris Beliakoff to register.



**Spiritual Cinema
You Can Heal Your Life**

March 18, Wednesday, 7 PM, Founders Room

March 25th, 11 AM, Founders Room (brown bag lunch, RSVP)

From the jacket: "A feature documentary detailing the fascinating life story of the indomitable Louise Hay, founder of Hay House, author and inspirational speaker. Part feature narrative, this film takes us on an inner journey of doubt, realization and eventual healing, while also interviewing some of the most renowned leaders in the new thought field today. You may have already heard the idea that our thoughts create our reality, but this film brings the information straight into our hearts, offering a totally new experience of the same material — one that can truly make a difference in our lives." 94 minutes. More info about Louise Hay, the movie, and her work with AIDS support groups and battered women can be found at <http://www.louisehay.com/> If you care planning to come to the day offering, please RSVP by March 24th. Facilitator: Kris Beliakoff, 906-5368. Childcare is available with one week's notice.

**Winter-Spring 2009 Yoga Classes
(T u e s d a y s) 6:30 – 8:15 pm, Fellowship Hall
March 17, 24, 31st**

Join Bruce Cable, M.Ed. with 25 Years experience teaching Hatha Yoga and a certified Sivananda Method Teacher. Come to learn or continue the practice of Yoga. Enhance flexibility, maintain health, counteract stress, and increase energy. Classes held in the Fellowship Hall. Donations are gratefully accepted. (A portion of all proceeds goes to the fellowship.) Additional Info/ Directions/ Questions: Contact the office at 864-271-4883, Or Office@greenvilleuu.org. Content Questions to: brucecable@hotmail.com. Childcare is available for an additional fee, one week reservation in advance, four children must be rsvp'd total for childcare to be staffed.



***Power Of Myth Begins May 3rd!*
Sundays* 9:30 AM**

Six sessions, *skip second Sunday of each month

Joseph Campbell and the *Power of Myth* is an encounter between teacher-mythologist Campbell and student-journalist Bill Moyers covering a galaxy of topics related to Campbell's central themes: Mythology is humanity's universal method of seeking the transcendental, and "follow your bliss" is the timeless formula for spiritual satisfaction. Campbell recalls a wide spectrum of myths from throughout history (Japanese, Native American, Egyptian, Mayan, and many more) to illustrate humankind's eternal quest to grasp the mysteries of creation. Includes The Hero's Adventure, The Message of the Myth, The First Storytellers, Sacrifice and Bliss, Love and the Goddess, Masks of Eternity. Facilitator: Deborah Hickey. Format: DVD and discussion. Please RSVP to Kris or the office.

How to Reach Us:

Kris Beliakoff, Director of Lifespan Religious Education & Administration
Office 271-4883, Cell 906-5368, Email: Kris.Beliakoff@gmail.com
Office Days: Sun - Thurs
Karen Conrad, Adult Religious Education Chair
Email: innisfreedesigns@yahoo.com



1st Annual Upstate SC Jewish Festival
SHALOMFEST '09



Sunday, March 22, 2009, 11 am – 6 pm the Temple of Israel invites you to the first Jewish cultural festival in the Upstate of South Carolina! You will have the opportunity to taste traditional Jewish foods, hear Jewish and Israeli music, be a part of a Jewish wedding, learn about a Passover Seder and see a Torah scroll up close. Admission to this event is free! For further information and directions contact Terri Anderson, Director of Education, Temple of Israel, 400 Spring Forest Road, Greenville, SC 29615, 292-1782, principal@templeofisrael.org or visit their website at www.templeofisrael.org

↻ Congregational Care Items ↻

We extend our loving support to:

*Cliff Beck as he recovers from mitral valve surgery.
Fran Merrell in rehab to regain strength after a fall.
Maureen Nery on the anniversary of her Dad's death.*

We celebrate with:

Annie Pal on her Father's 91st birthday.

"What would happen, if we came downstairs at the coffee hour and there was no Coffee?"

This could happen if we do not have volunteers... IF you would like to sign up, there is a signup sheet at the coffee place. Please do sign up. It would take only few hours of your time and rewards are great.

Bo and Suzy

WELCOME NEWCOMERS!

Please join us in Fellowship Hall for coffee and good conversation after the service. We have a special newcomer's table with coffee mugs and information about Unitarian Universalism. Our greeters will be there to speak with you and help you feel at home.

Liberal Christian Study Group Meeting

Interested in studying Liberal Christianity? Meeting in the Women's Room, Sunday at 9:30. Need to know more, call Jackie Weddington at 934-6464 or Diana Miel at 752-5145.

March 22nd & Hymns

Have a favorite hymn? Love to sing but don't want any strings attached? Then come a little early to the Fellowship and join us in a hymn toss! Prior to the service at 10:30, we'll be meeting and singing at the front of the sanctuary, to sing together and share your favorites. If you play an instrument, then bring that too! This is a lighthearted and informal community sing. What could be a better way to raise some energy and get in the spirit for worship? So, set the date aside and get ready to jam!

The Rowland McFerrin House is in need of a sofa, love seat and any comfortable living room chairs. Please contact Francine Proulx at 704-3263 if you have any such furniture to donate.

Weekly Updates on Attendance & Contributions

3/8/09 Attendance: 100

3/8/09 Contributions: \$1,501

Meet UU's From All Over the Western Carolinas!

Attend the Western Carolinas Cluster Gathering

Saturday, March 21st 8:30 am - 4:30 pm
UU Fellowship of Hendersonville, NC

The theme is 'Hand in Hand, Growing, Working and Singing Together'. Keynote speaker is Rev. Laurel Hallman, Senior Minister of the First Unitarian Church in Dallas, Texas. There will be workshops, wonderful music, networking and sharing, youth programs, and a celebration service. There are registration forms on the lobby bulletin board under Denominational Affairs or you can register online at www.wcccluster.org. Register by March 16. Early bird adult registration is \$30 before March 11th; \$35 after March 11th. Registration for teens is \$10. Registration includes all programs and food. See the complete program at www.wcccluster.org. Details are also posted on the lobby bulletin board under Denominational Affairs.

Contribute Flowers for the Chalice Table



Do you want to help beautify our Sanctuary for Sunday services? Contribute flowers for the chalice table, either purchased or from your garden. Let the Fellowship office know at least a week ahead of time when you will do this. Alternatively, if you wish for us to place flowers for a joy or sorrow for you, we will do it. Just send a check for \$20 or any higher amount and designate the occasion and date.

Thank you,
The Flower Ministry.



Fellowship Hiking

Karen Csizmadia is organizing our Fellowship's monthly hiking activity again. The Saturday hikes are family hikes that are easy to moderate. Bring a picnic lunch so you can enjoy time with others after the hikes. Recommendations for hiking trails and leaders are always welcome. If you want to be notified of the monthly hikes, contact Karen at jdinsc@bellsouth.net. We will meet at the Fellowship parking lot at 9:00 am on Saturday March 21st to hike at Paris Mt. March 28th is the rain date.



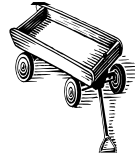
Welcoming Congregation Committee Event Sunday, March 29th After Service

"The Welcoming Congregation Committee is pleased to announce a Social Justice panel discussion at the Fellowship on Sunday, March 29, immediately after the service in the Sanctuary. Featured speakers will be: Upstate attorneys Margaret Chamberlain and Candy Kern Fuller; diversity/HR expert Susan Lill; and C. Ray Drew from SC Equality. Discussion will focus on the GLBT and civil rights, or the lack thereof. The Welcoming Congregation Committee is seeking to engender discussion and educate Fellowship Members regarding the importance of voting to become an official UUA Welcoming Congregation for Gays, Lesbians, Bisexuals and Transgendered people. Please attend this important discussion and learn answers to your questions and concerns about this issue. A light lunch will be offered for people who will be attending the panel. (Economics prevent us from serving the whole congregation lunch.)

Pat's Pantry

Please try to make a donation every week. These are hard times and every bit helps.

Thanks
Carole Lavash



Want to save the cost of checks, envelopes and stamps?

Want to cut down on consumption of paper products?

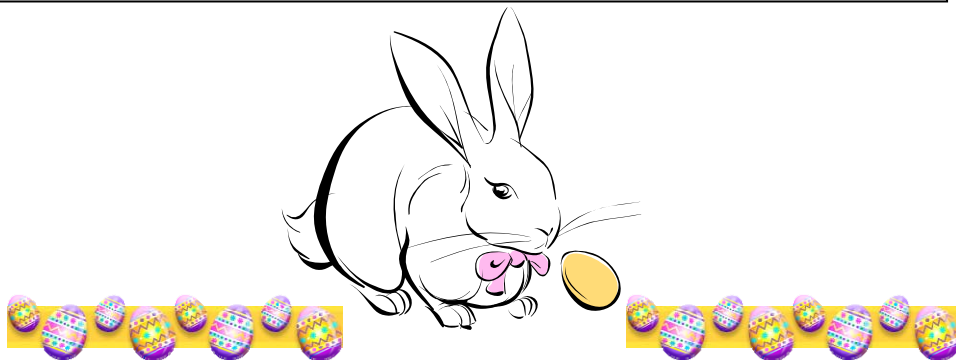
Tired of having to remember to write out a check?

Tired of always getting a pen that does not work?

We can solve all of these problems for you concerning your contribution to the Fellowship. We can now offer Electronic Funds Transfers known as ETFs at no charge to you. All you have to do is request for an authorization form from the office. You will complete the form and attach a voided check to the form and turn it into the office. The office then sets up the transfer for the amount and at the frequency you specify. If this is something you wish to participate in call the office and ask for Corry Clark, Office Administrator and she can email or mail you a form, 271-4883 or office@greenvilleuu.org.

Want to Help in the Office?

The office administrator is looking for some volunteers who would like to commit to a routine block of time weekly or monthly to assist with some of the tasks in the office. Filing, organizational skills, word processing skills and telephone/communication skills would be of great benefit. Want to learn some of these skills, we can train you too! If you are interested or have further questions please contact our Office Administrator, Corry Clark at 271-4883 or office@greenvilleuu.org. Office hours are Monday – Friday 10 am – 4 pm.



Want to Contact Us?

Greenville Unitarian Universalist Fellowship
1135 State Park Road
Greenville, SC 29609

864-271-4883 fax 864-271-6088
www.greenvilleuu.org office@greenvilleuu.org

Office Hours
Monday – Friday
10 am – 4 pm