

## Highlights in Lifespan Religious Education



**From Babies to Sages**  
**March 8, 2009**



### **Classes and Events Today**

- 9:30 *Childcare begins*  
9:45 *Adults — Course in Miracles, Discussion Group, Saving Jesus, UU Orienteering*  
*Children -- Children's Chapel with Kris Beliakoff*  
10:00 *3 Years to 4<sup>th</sup> Grade – Spirit Play*  
*5<sup>th</sup>-6<sup>th</sup> Grade – Kingdom of Equals*  
11:00 *Middle School – Class with advisors*  
*9<sup>th</sup> -12<sup>th</sup> grade is at the Mountain, in the service or helping with the younger children.*  
11:20 *Elementary – Music and Choir with Ms. Joy!*

### **Annual RE Rummage Sale March 28<sup>th</sup> 8:00 AM** **Donations needed. Place to the right of the stage in the Fellowship Hall or bring to RE area upstairs.**

Items for donation are now being collected. Most people bring their items the night before but we will take items earlier. Volunteers needed for setup Friday night 5 PM to 8PM (and you may pre-purchase items then). This evening is relaxed and fun. Volunteers needed as cashiers on Saturday. Come help us bargain with the public! Clean up volunteers needed for Sunday. All proceeds benefit GUUF Children and Youth Religious Education. Unsold items are donated to Habitat for Humanity Home Store and Goodwill. Please contact Kris Beliakoff or sign up on the RE volunteer wall.



### **Middle School Neighboring Faiths March Judaism Dates**

Sun., March 22, 11 am - Judaism intro  
Sun., March 22, 12 noon - ShalomFest at Temple of Israel (flyers sent to the families)! Families are encouraged to attend together, but we can take your kids if they need rides. Bring money for food and activities.  
Friday, March 27, 6:45 pm - meet for dinner at Cici's on Haywood Rd. (optional, of course); 7:30 Leave from Cici's to attend 8 pm Shabbat service at Temple of Israel  
Sunday, March 29, 11 am - Judaism wrap-up  
Let me know if you have any questions. We'll be asking for RSVPs for ShalomFest and the Friday night service when the dates are nearer.

Shalom, Nancy Fitzer

### **Save the Date: May 8<sup>th</sup> – CYRE Family Game Night**

Join us for a fun evening as we share a simple meal, play board (and other) games, and allow our families to just be together in community. Always a good time, and one remembered by young and old alike. Thank you to Lori Gold for helping us organize this event. No cost, no definition of family, no RSVP needed. Just come!



## A SEDER FOR ALL AGES!

All are invited to attend a Passover Seder brought to you by the CYRE committee. Please join us April 19th, 1:00 PM in the Fellowship Hall. We will learn the stories and traditions associated with a Seder, and share a traditional meal (with vegetarian options) afterwards. To attend, all you need to do is RSVP by April 5th and purchase your ticket. Tickets are \$10.00/family or \$5.00/person. Proceeds will cover part of the cost of the lunch. You are also welcome to help RE by contributing a small part of the meal. We will have a list of donation items available when you purchase your ticket. If you would like to help with this event, please contact Wendy Plummer at [wplummer@wyckoffllc.com](mailto:wplummer@wyckoffllc.com) or 864.654.1334. All other questions, please contact Kris Beliakoff or a member of the CYRE committee. Tickets are available from committee members before or after service after February 1st.

Passover is a weeklong festival commemorating the Jews' Exodus from Egypt and the liberation of the Israelites from slavery.

It is traditional for Jewish families to gather on the first night of Passover for a special dinner called a Seder (**סדר**) derived from the Hebrew word for "order," referring to the very specific order of the ritual). During this meal, the story of the Exodus from Egypt is retold using a special text called the Haggadah. Four cups of wine are consumed at various stages in the story.

The Seder is replete with questions, answers, and unusual practices to arouse the interest and curiosity of all the attendants of the Seder. The participants are rewarded with candies when they ask questions and participate in the discussion of the Exodus and its aftermath. Children are encouraged to search for the afikoman, the piece of matzo, which is the last thing eaten at the Seder. The child or children who discover the hiding place of the afikoman are rewarded with a prize or money. Audience participation and interaction are the rule, and participants find the Seder is full of animated discussions and, if you are up for it, singing.

Our Seder at GUUF will not be on the first night of Passover, but we will definitely provide you with a taste of what the Seder meal is all about. We will eat traditional dishes and sing songs and tell the story of Passover.

### **~ ~On Going Meetings and Classes~ ~**

#### ***Childcare begins at 9:30 am each Sunday***

**A Course in Miracles** (LOR) Sundays, 9:45 — 10:45 am, Contact: Jean Blank (239-0110)

**African Drum Classes** (FH) 1<sup>st</sup> Thursday each month, Contact: Joan Baker (232-1660)

**Discussion Group** (FR) Sundays, 9:45 — 10:45 am, Contact: Cliff Beck (848-9734)

**Women's Book Group** (WR) 2<sup>nd</sup> Sunday each month, 9:45 — 10:45 am, Contact: Susan Cooper (288-4912)

**Zen Meditation** (LOR) Tuesdays, 7:30 pm, Contact: Carole McAfee (236-8484)

**Senior Fellowship** (FH) 2<sup>nd</sup> Thursday each month, 12:00 – 2:00 pm, Contact: Suzanne Hart (235-1714).

**Dinner & A Movie** (FH) 2<sup>nd</sup> Sunday each month at 6:00 pm, Contact: Bo Boghani (458-8332)

**The ManKind Project** (WR) Wednesdays, 7:00 — 9:00 pm, Contact: John Szczesniak (901-6068)

**GUUF Singers** (CR) Sundays, 9:30 – 10:45 am, Contact: Miriam Davidson (285-0994 or [miriam@wishingchair.com](mailto:miriam@wishingchair.com))

**Yoga** (FH) Tuesdays beginning February 3<sup>rd</sup> until March 31<sup>st</sup>, 9 weeks, 6:30 — 8:00 pm, Contact: Bruce Cable (906-8067)

**Drop-In Artist Group** (FH) Open to any and all artists, Wednesdays, 1:00 — 4:00 pm, Contact: Carole Lavash (855-3821)

**New Adult RE Classes Taking Registrations:**

***Meditation in Motion with Dan Lally – Filling up, please RSVP by calling the office at 271-4883.***

**March 14, Saturday, 9:30 AM—12:30 PM, Fellowship Hall**

***There is no fee for this class, sponsored by the ARE Committee***

Dan Lally will present a three-hour workshop on Meditation-in-Motion – a holistic approach to sacred scripture. Seeking common ground among Christianity, Hinduism, Taoism, Buddhism, Islam, and Judaism, Dan will present his unique approach to blending motion into spiritual studies. He presented at General Assembly and is traveling down from Kentucky to join us for our own winter refresher.

“Daniel Lally, BA University of Notre Dame, is the founder of Body-Centered Solutions, Way Chi®, Mission-in-Motion®, and the co-founder of Astrolo-Chi®. He is also author of various books and videos, and is certified in yoga, reiki and acupressure. His passion for holistic and inclusive approaches to peace began with Richard Bach, Michael Murphy and Taoism books in 1985, and deepened with inner child healing work championed by John Bradshaw. With Michael Whiting in 1990 he began to experience powerful transformations *as a student of chi gong, meditation and interfaith sacred literature. Daniel is also a 2003 graduate of the Hakomi Body-Centered Psychotherapy training and a member of The Mankind Project®.*”

More info at . . . <http://www.earthrhythms.biz/>

***Rise Up and Call Her Name, A Woman-honoring Journey Into Global Earth-based Spiritualities***

**9:00 AM Sundays\*, Women’s Room**

Designed for female and male participants from mature teen to adult, this curriculum explores ethical principles central to a variety of Earth and woman-honoring traditions around the globe and throughout history. We will offer this course in several blocks, with this block focusing on Native American studies. A wide range of activities including music, art, dance, poetry, dialogue and ritual provide diverse opportunities to develop fresh perspectives on fearlessness, compassion, nurturing and numerous other aspects of personal spirituality. Registration required along with childcare needs by March 1<sup>st</sup>. Contact the office, Kris Beliakoff or Annie Pal. \*Dates: March 22<sup>nd</sup>, March 29<sup>th</sup>, April 5<sup>th</sup>, April 19<sup>th</sup> and April 26<sup>th</sup>.

***Ethical Wills with Rev. Norm***

**March 25th, Wednesday, 7 PM, Founders Room**

Most of us have heard about wills, living wills, powers of attorney, last wishes, etc., but have you ever thought about what you leave behind of a more spiritual nature? From [Yourethicalwill.com](http://Yourethicalwill.com): “You are much richer than the sum of your material assets, yet your legal will only addresses the question, ‘What do I want my loved ones to have?’ An Ethical Will is a personal legacy letter that transmits the non-material assets that are also of great importance: your values, your story, the lessons life has taught you, the information that is too valuable to risk being lost. Your Ethical Will is the tool that enables you to address the question, ‘What do I want my loved ones to know?’ Not everyone can pass along a financial legacy, but everybody can transmit some of the richness of life by creating an Ethical Will.”

Join the Reverend Norm Stewart in this workshop that explores the art and the science of creating what some call, the most important document your heirs may receive. Registration required along with childcare needs by March 22nd. Contact the office or Kris Beliakoff to register.



## **Spiritual Cinema You Can Heal Your Life**

**March 18, Wednesday, 7 PM, Founders Room**

**March 25th, 11 AM, Founders Room (brown bag lunch, RSVP)**

From the jacket: "A feature documentary detailing the fascinating life story of the indomitable Louise Hay, founder of Hay House, author and inspirational speaker. Part feature narrative, this film takes us on an inner journey of doubt, realization and eventual healing, while also interviewing some of the most renowned leaders in the new thought field today. You may have already heard the idea that our thoughts create our reality, but this film brings the information straight into our hearts, offering a totally new experience of the same material — one that can truly make a difference in our lives." 94 minutes. More info about Louise Hay, the movie, and her work with AIDS support groups and battered women can be found at <http://www.louisehay.com/> If you care planning to come to the day offering, please RSVP by March 24th. Facilitator: Kris Beliakoff, 906-5368. Childcare is available with one week's notice.

### **Winter-Spring 2009 Yoga Classes (T u e s d a y s) 6:30 – 8:15 pm, Fellowship Hall March 3, 10, 17, 24, 31st**

Join Bruce Cable, M.Ed. with 25 Years experience teaching Hatha Yoga and a certified Sivananda Method Teacher. Come to learn or continue the practice of Yoga. Enhance flexibility, maintain health, counteract stress, and increase energy. Classes held in the Fellowship Hall. Donations are gratefully accepted. (A portion of all proceeds goes to the fellowship.) Additional Info/ Directions/ Questions: Contact the office at 864-271-4883, Or [Office@greenvilleuu.org](mailto:Office@greenvilleuu.org). Content Questions to: [brucecable@hotmail.com](mailto:brucecable@hotmail.com). Childcare is available for an additional fee, one week reservation in advance, four children must be rsvp'd total for childcare to be staffed.



### **Power Of Myth Begins May 3rd! Sundays\* 9:30 AM**

#### **Six sessions, \*skip second Sunday of each month**

Joseph Campbell and the *Power of Myth* is an encounter between teacher-mythologist Campbell and student-journalist Bill Moyers covering a galaxy of topics related to Campbell's central themes: Mythology is humanity's universal method of seeking the transcendental, and "follow your bliss" is the timeless formula for spiritual satisfaction. Campbell recalls a wide spectrum of myths from throughout history (Japanese, Native American, Egyptian, Mayan, and many more) to illustrate humankind's eternal quest to grasp the mysteries of creation. Includes The Hero's Adventure, The Message of the Myth, The First Storytellers, Sacrifice and Bliss, Love and the Goddess, Masks of Eternity. Facilitator: Deborah Hickey. Format: DVD and discussion. Please RSVP to Kris or the office.

#### **How to Reach Us:**

Kris Beliakoff, Director of Lifespan Religious Education & Administration  
Office 271-4883, Cell 906-5368, Email: [Kris.Beliakoff@gmail.com](mailto:Kris.Beliakoff@gmail.com)  
Office Days: Sun - Thurs  
Karen Conrad, Adult Religious Education Chair  
Email: [innisfreedesigns@yahoo.com](mailto:innisfreedesigns@yahoo.com)



***Murder in Selma:***

***A Tipping Point in the Struggle for Voting Rights***

**Israel Metropolitan CME Church**, in collaboration with the Greenville Unitarian Universalist Fellowship and the Upcountry History Museum, will present *Murder in Selma: A Tipping Point in the Struggle for Voting Rights* at **4:00 P.M. TODAY, Sunday March 8**, at the Israel Metropolitan CME Church.

Rev. Clark Olsen, a semi-retired UU minister from Asheville, will be the featured speaker in this special program about the Civil Rights movement. Rev. Olsen was one of three ministers who were victims of the brutal attacks in Selma that resulted in several deaths. His presentation will include a short CNN documentary entitled, *Murder in Selma*.

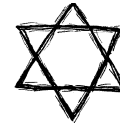
Israel Metropolitan CME Church is located at 307 N. Calhoun Street.

For further information contact the Church at [Israelcme@bellsouth.net](mailto:Israelcme@bellsouth.net) or 864-235-3779 or Hiram Springle, e-mail [hirmspringle519@gmail.com](mailto:hirmspringle519@gmail.com), home phone 864-277-4833 or cell 864-905-2724

**WELCOME NEWCOMERS!**

Please join us in Fellowship Hall for coffee and good conversation after the service. We have a special newcomer's table with coffee mugs and information about Unitarian Universalism. Our greeters will be there to speak with you and help you feel at home.

**1<sup>st</sup> Annual Upstate SC Jewish Festival**  
**SHALOMFEST '09**



Sunday, March 22, 2009, 11 am – 6 pm the Temple of Israel invites you to the first Jewish cultural festival in the Upstate of South Carolina! You will have the opportunity to taste traditional Jewish foods, hear Jewish and Israeli music, be a part of a Jewish wedding, learn about a Passover Seder and see a Torah scroll up close. Admission to this event is free! For further information and directions contact Terri Anderson, Director of Education, Temple of Israel, 400 Spring Forest Road, Greenville, SC 29615, 292-1782, [principal@templeofisrael.org](mailto:principal@templeofisrael.org) or visit their website at [www.templeofisrael.org](http://www.templeofisrael.org)

≈ *Congregational Care Items* ≈

*We extend our loving support to:*

Cliff Beck as he recovers from complications following heart valve replacement.

Carole & Walter Lavash's brother-in-law who is receiving hospice care.

Fran Merrell as she begins physical therapy to recover from a recent fall.

Jean McGee's sister who is recovering from cancer surgery  
and other health issues.

Dave Wilder's brother who is home from the hospital.

*We celebrate with:*

Blume for putting up exterior lighting on the building.

Beth Hilliard for stepping in at the last minute to provide music  
for our Sunday services.

## **Liberal Christian Study Group Meeting**

Interested in studying Liberal Christianity? Meeting in the Women's Room, Sunday at 9:30. Need to know more, call Jackie Weddington at 934-6464 or Diana Miel at 752-5145.

## **March 22nd & Hymns**

Have a favorite hymn? Love to sing but don't want any strings attached? Then come a little early to the Fellowship and join us in a hymn toss! Prior to the service at 10:30, we'll be meeting and singing at the front of the sanctuary, to sing together and share your favorites. If you play an instrument, then bring that too! This is a lighthearted and informal community sing. What could be a better way to raise some energy and get in the spirit for worship? So, set the date aside and get ready to jam!

## **The Nominating/Leadership Development Committee...**

...will be having an informational session immediately following services on Sunday, March 8th in the Right Overflow Room. This session is an open meeting to take ideas and nominations for the coming fiscal year and to answer questions about positions the Committee is trying to fill. While the Committee intends to conduct its work with appropriate confidentiality, the Committee hopes to keep the process and input into the process as open as possible.

Please stop by and share your thoughts on your GUUF leadership for the coming year.

The Rowland McFerrin House is in need of a sofa, love seat and any comfortable living room chairs. Please contact Francine Proulx at 704-3263 if you have any such furniture to donate.

Weekly Updates on Attendance & Contributions  
3/1/09 Attendance: 104  
3/1/09 Contributions: \$3,862

**Meet UU's From All Over the  
Western Carolinas!  
Attend the Western Carolinas Cluster Gathering**

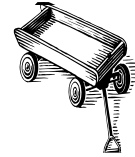
Saturday, March 21st 8:30 am - 4:30 pm  
UU Fellowship of Hendersonville, NC

The theme is 'Hand in Hand, Growing, Working and Singing Together'. Keynote speaker is Rev. Laurel Hallman, Senior Minister of the First Unitarian Church in Dallas, Texas. There will be workshops, wonderful music, networking and sharing, youth programs, and a celebration service. There are registration forms on the lobby bulletin board under Denominational Affairs or you can register online at [www.wccluster.org](http://www.wccluster.org). Register by March 16. Early bird adult registration is \$30 before March 11th; \$35 after March 11th. Registration for teens is \$10. Registration includes all programs and food. See the complete program at [www.wccluster.org](http://www.wccluster.org). Details are also posted on the lobby bulletin board under Denominational Affairs.

**Pat's Pantry**

Please try to make a donation every week. These are hard times and every bit helps.

Thanks  
Carole Lavash



*The UU Women's Book Group*

The UU Women's Book Group will meet again on Sunday, March 8 at 9:45am in the Women's Room located beside the Fellowship Hall. Our book this month is, Luncheon of the Boating Party, by Susan Vreeland. Discussion will be led by Janet Aguilar. Questions? Contact Susan Cooper at: 288-4912.



## Dinner and a Movie

**Movie:** *Opal Dream* (2006)

**When:** TONIGHT!!!!

**Time:** Potluck Dinner 6pm, Film 7pm

**Place:** Greenville Unitarian Universalist Fellowship

**The Movie:** Eight-year-old Kellyanne (Sapphire Boyce) and her father, Rex (Vince Colosimo), are both unhappily deluded -- she spends her days with two invisible friends while he hopes to get rich digging up opals. But when the imaginary pals suddenly disappear, Kellyanne becomes gravely ill, and her concerned brother Ashmol (Christian Byers) persuades the community to look for them, dispensing a stirring lesson in the value of faith. This movie is rated PG by the MPAA. For mild thematic elements, language and some violence. Time 86 minutes



**The Food:** We will have a potluck at 6PM before the movie. Please bring a Australian dish to share with 4-6 people. I like both fooddownunder.com and www.recipesource.com. If you plan to drink, please bring beer or wine. The fellowship has a stove, refrigerator and microwaves.

***Please contact Bo Boghani at 458-8332 or boghanibs@bellsouth.net with questions.***

## **Contribute Flowers for the Chalice Table**

Do you want to help beautify our Sanctuary for Sunday services? Contribute flowers for the chalice table, either purchased or from your garden. Let the Fellowship office know at least a week ahead of time when you will do this. Alternatively, if you wish for us to place flowers for a joy or sorrow for you, we will do it. Just send a check for \$20 or any higher amount and designate the occasion and date.

Thank you,

The Flower Ministry.



## **Fellowship Hiking**

Karen Csizmadia is organizing our Fellowship's monthly hiking activity again. The Saturday hikes are family hikes that are easy to moderate. Bring a picnic lunch so you can enjoy time with others after the hikes. Recommendations for hiking trails and leaders are always welcome. If you want to be notified of the monthly hikes, contact Karen at [jdinsc@bellsouth.net](mailto:jdinsc@bellsouth.net). The next hike is planned for March 21st with the 28th as a rain date. We will meet at the Fellowship lower parking lot at 9:00. Hiking locations are yet to be determined.

## **Welcoming Congregation Committee Event Sunday, March 29<sup>th</sup> After Service**

"The Welcoming Congregation Committee is pleased to announce a Social Justice panel discussion at the Fellowship on Sunday, March 29, immediately after the service in the Sanctuary. Featured speakers will be: Upstate attorneys Margaret Chamberlain and Candy Kern Fuller; diversity/HR expert Susan Lill; and C. Ray Drew from SC Equality. Discussion will focus on the GLBT and civil rights, or the lack thereof. The Welcoming Congregation Committee is seeking to engender discussion and educate Fellowship Members regarding the importance of voting to become an official UUA Welcoming Congregation for Gays, Lesbians, Bisexuals and Transgendered people. Please attend this important discussion and learn answers to your questions and concerns about this issue. A light lunch will be offered for people who will be attending the panel. (Economics prevent us from serving the whole congregation lunch.)

### **DID YOU FORGET?**

Did you forget to set your clock ahead an hour last night?

*Its spring and we are springing forward into daylight savings!*

