

Highlights in Lifespan Religious Education



From Babies to Sages
February 22, 2009



Classes and Events Today

- 9:30 *Childcare begins*
9:45 *Adults — Course in Miracles, Discussion Group, Saving Jesus*
 Children -- Children's Chapel with Kris Beliakoff
10:00 *3 Years to 4th Grade – Spirit Play*
 5th-6th Grade – Kingdom of Equals
11:00 *Middle School, 9th grade, 10-12th grade – Class with advisors*
11:20 *Elementary – Activities with volunteers after story in service*

If You Can Sew – We Need You!



Children and Youth Religious Education is seeking 5-6 people to help make meditation cushions for our children's Chapel room. We will provide the materials and instructions for you to make five cushions. Our goal is to have our Children's Chapel Dedicated in May and we would love to have them by then. If you can help, please contact Laura Christenbury at 325-5217. Thanks! ~ CYRE Committee

Annual RE Rummage Sale March 28th 8:00 AM

Items for donation now being collected. Most people bring their items the night before. Volunteers needed for setup Friday night 5 PM to 8PM (and you may pre-purchase items then). This evening is relaxed and fun. Volunteers needed as cashiers on Saturday. Come help us bargain with the public! Clean up volunteers needed for Sunday. All proceeds benefit GUUF children and youth religious education. Unsold items are donated to Habitat for Humanity Home Store and Goodwill. Please contact Kris Beliakoff or sign up on the RE volunteer wall.

CHECK OUT THE NEW UPDATED YOUTH NEWS PAGE ON OUR WEBSITE AT GREENVILLEUU.ORG. Scroll down the main page to the Youth R.E. News link. We have provided calendars, forms, and details on our major events to help you stay informed!





A SEDER FOR ALL AGES!

All are welcome to attend a Passover Seder brought to you by the CYRE committee. Please join us April 19th, 1:00 PM in the Fellowship Hall. We will learn the stories and traditions associated with a Seder, and share a traditional meal (with vegetarian options) afterwards. To attend all you need to do is RSVP by April 5th and purchase your ticket. Tickets are \$10.00/family or \$5.00/person. Proceeds will cover part of the cost of the lunch. You are also welcome to help RE by contributing a small part of the meal. We will have a list of donation items available when you purchase your ticket. If you would like to help with this event please contact Wendy Plummer at wplummer@wyckoffllc.com or 864.654.1334. All other questions please contact Kris Beliakoff or a member of the CYRE committee. Tickets are available from committee members before or after service beginning today.

Passover is a weeklong festival commemorating the Jews Exodus from Egypt and the liberation of the Israelites from slavery.

It is traditional for Jewish families to gather on the first night of Passover for a special dinner called a Seder (סדר—derived from the Hebrew word for "order", referring to the very specific order of the ritual). During this meal, the story of the Exodus from Egypt is retold using a special text called the Haggadah. Four cups of wine are consumed at various stages in the story.

The Seder is replete with questions, answers, and unusual practices to arouse the interest and curiosity of all the attendants of the Seder. The participants are rewarded with candies when they ask questions and participate in the discussion of the Exodus and its aftermath. Children are encouraged to search for the afikoman, the piece of matzo which is the last thing eaten at the Seder. The child or children who discover the hiding place of the afikoman are rewarded with a prize or money. Audience participation and interaction is the rule, and participants find the Seder is full of animated discussions and, if you are up for it, singing.

Our Seder at GUUF will not be on the first night of Passover, but we will definitely provide you with a taste of what the Seder meal is all about. We will eat traditional dishes and sing songs and tell the story of Passover.

Winter 2009 Yoga Classes

(T u e s d a y s) 6:30 – 8:15 pm, Fellowship Hall

February 3, 10, 17, 24, March 3, 10, 17, 24, 31st

Join Bruce Cable, M.Ed. with 25 Years experience teaching Hatha Yoga and a certified Sivananda Method Teacher. Come to learn or continue the practice of Yoga. Enhance flexibility, maintain health, counteract stress, and increase energy. Classes held in

the Fellowship Hall. Donations are gratefully accepted. (A portion of all proceeds goes to the fellowship.) Additional Info/ Directions/ Questions: Contact the office at 864-271-4883, Or Office@greenvilleuu.org. Content Questions to: brucecable@hotmail.com. Childcare is available for an additional fee, one week reservation in advance, four children must be rsvp'd total for childcare to be staffed.



New Adult RE Classes Taking Registrations:

Meditation in Motion with Dan Lally

March 14, Saturday, 9:30 AM–12:30 PM, Fellowship Hall

Dan Lally will present a three-hour workshop on Meditation-in-Motion – a holistic approach to sacred scripture. Seeking common ground among Christianity, Hinduism, Taoism, Buddhism, Islam, and Judaism, Dan will present his unique approach to blending motion into spiritual studies. He presented at General Assembly and is traveling down from Kentucky to join us for our own winter refresher.

“Daniel Lally, BA University of Notre Dame, is the founder of Body-Centered Solutions, Way Chi®, Mission-in-Motion®, and the co-founder of Astrolo-Chi®. He is also author of various books and videos, and is certified in yoga, reiki and acupuncture. His passion for holistic and inclusive approaches to peace began with Richard Bach, Michael Murphy and Taoism books in 1985, and deepened with inner child healing work championed by John Bradshaw. With Michael Whiting in 1990 he began to experience powerful transformations *as a student of chi gong, meditation and interfaith sacred literature. Daniel is also a 2003 graduate of the Hakomi Body-Centered Psychotherapy training and a member of The Mankind Project®.*”

More info at . . . <http://www.earthrhythms.biz/>

Rise Up and Call Her Name, A Woman-honoring Journey Into Global Earth-based Spiritualities

9:00 AM Sundays*, Women's Room

Designed for female and male participants from mature teen to adult, this curriculum explores ethical principles central to a variety of Earth and woman-honoring traditions around the globe and throughout history. We will offer this course in several blocks, with this block focusing on Native American studies. A wide range of activities including music, art, dance, poetry, dialogue and ritual provide diverse opportunities to develop fresh perspectives on fearlessness, compassion, nurturing and numerous other aspects of personal spirituality. Registration required along with childcare needs by March 1st. Contact the office, Kris Beliakoff or Annie Pal. *Dates: March 22nd, March 29th, April 5th, April 19th and April 26th.

Ethical Wills with Rev. Norm

March 25th, Wednesday, 7 PM, Founders Room

Most of us have heard about wills, living wills, powers of attorney, last wishes, etc., but have you ever thought about what you leave behind of a more spiritual nature? From Yourethicalwill.com: “You are much richer than the sum of your material assets, yet your legal will only addresses the question, ‘What do I want my loved ones to have?’ An Ethical Will is a personal legacy letter that transmits the non-material assets that are also of great importance: your values, your story, the lessons life has taught you, the information that is too valuable to risk being lost. Your Ethical Will is the tool that enables you to address the question, ‘What do I want my loved ones to know?’ Not everyone can pass along a financial legacy, but everybody can transmit some of the richness of life by creating an Ethical Will.”

Join the Reverend Norm Stewart in this workshop that explores the art and the science of creating what some call, the most important document your heirs may receive. Registration required along with childcare needs by March 22nd. Contact the office or Kris Beliakoff to register.

How to Reach Us:

Kris Beliakoff, Director of Lifespan Religious Education & Administration
Office 271-4883, Cell 906-5368, Email: Kris.Beliakoff@gmail.com
Office Days: Sun - Thurs
Karen Conrad, Adult Religious Education Chair
Email: innisfreedesigns@yahoo.com

Middle School Neighboring Faiths March Judaism Dates

Sun., March 22, 11 am - Judaism intro

Sun., March 22, 12 noon - ShalomFest at Temple of Israel (flyers sent to the families)! Families are encouraged to attend together, but we can take your kids if they need rides. Bring money for food and activities.

Friday, March 27, 6:45 pm - meet for dinner at Cici's on Haywood Rd. (optional, of course); 7:30 Leave from Cici's to attend 8 pm Shabbat service at Temple of Israel

Sunday, March 29, 11 am - Judaism wrap-up

Let me know if you have any questions. We'll be asking for RSVPs for ShalomFest and the Friday night service when the dates are nearer.

Shalom,

Nancy Fitzer

~ ~ On Going Meetings and Classes ~ ~

Childcare begins at 9:30 am each Sunday

A Course in Miracles (LOR) Sundays, 9:45 — 10:45 am, Contact: Jean Blank (239-0110)

African Drum Classes (FH) 1st Thursday each month, Contact: Joan Baker (232-1660)

Community Drum Circle (FH) Last Sundays of each month, 1:00 — 2:00 pm, Contact: Joan Baker (292-6054)

Discussion Group (FR) Sundays, 9:45 — 10:45 am, Contact: Cliff Beck (848-9734)

Women's Book Group (WR) 2nd Sunday each month, 9:45 — 10:45 am, Contact: Susan Cooper (288-4912)

Zen Meditation (LOR) Tuesdays, 7:30 pm, Contact: Carole McAfee (236-8484)

Senior Fellowship (FH) 2nd Thursday each month, 12:00 – 2:00 pm, Contact: Suzanne Hart (235-1714).

Dinner & A Movie (FH) 2nd Sunday each month at 6:00 pm, Contact: Bo Boghani (458-8332)

The ManKind Project (WR) Wednesdays, 7:00 — 9:00 pm, Contact: John Szczesniak (901-6068)

GUUF Singers (CR) Sundays, 9:30 – 10:45 am, Contact: Miriam Davidson (285-0994 or miriam@wishingchair.com)

Yoga (FH) Tuesdays beginning February 3rd until March 31st, 9 weeks, 6:30 — 8:00 pm, Contact: Bruce Cable (906-8067)

Drop-In Artist Group (FH) Open to any and all artists, Wednesdays, 1:00 — 4:00 pm, Contact: Carole Lavash (855-3821)



Taking Our Pulse! Are We Alive and Well?

Plan to complete an important GUUF questionnaire between now and February 22nd; more details coming soon.

Ask a member of the Committee on Ministry for more information.

Diane Lawrence	246-2305	dianelawrence@charter.net
Barbara Gill	292-0783	blgill1@charter.net
Bo Boghani	458-8332	boghanibs@bellsouth.net
Ron Reece	271-3619	reeceteam@aol.com
Janie Scheer	244-7845	jmscheer1224@yahoo.com

Study Group Forming

Some of the people who participated in the Saving Jesus classes are interested in forming a study group to explore liberal Christianity. We will meet in the RE office 9:30 Sunday morning February 22nd for an organizational meeting. Information call Jackie Weddington 934-6464 or the Fellowship office.

New Covenant Group

A new Covenant Group is being formed in the Roper Mountain, 385 south area with experienced leader, and is looking for participants who live in the Simpsonville, Mauldin, Taylors or Greer area. If you are interested in learning more about Covenant Groups or feel you're ready to join one this might be an opportunity to do so. Please contact Patty Davis 864-907-0169 (pdavis1028@mchsi.com) or Rev. Norm for more information.



Have an Old Push Mower...

...you are considering buying a new push mower? Got to have the latest and greatest toy...ummmmm "mower"? If you are, and the old one you have still works well our sexton could sure use the old one. Since the new paving job on State Park Road has happened, the road crew built up the banks and they are too steep for the sexton to use the riding mower on them so we need a push mower for the roadside banks. If you have an a push mower and are willing to donate it to the Fellowship please contact the office at 271-4883 or office@grenvilleuu.org

Columbarium

The Fellowship is finally planning a columbarium. From the beginning of our scatter garden some have wished for a more private way of preserving cremains on our Fellowship grounds. The scatter garden is a wonderful place and will continue to be a sacred place for inurned loved ones but the Columbarium offers the quality of a special privacy that is often wanted.

We are planning an installation of two nine niche sections with a memorial wall section between them. The niches will be about 12 X 12 inches and can hold the cremains of two people. A granite door will have the names of those inurned there engraved on the face of the door. The memorial wall will list the names of people not inurned or scattered on our property. It will start with names from the past and will be available for new names as needed. A picture of the planned unit is in the hallway going to the sanctuary.

The cost of a Columbarium niche will be \$2,000 and will include a free membership in the Cremation Society of SC. Three niches are already sold. For more information contact one of the columbarium committee members. Dick James, Trey Cole, Bibi Harris, Bill Schulze or Jim Yockey. Applications for the purchase of a niche are in the office.

Columbarium Meeting

February 22nd at 9:30 am in the Fellowship Hall

Weekly Updates on Attendance & Contributions
2/15/09 Attendance: 114
2/15/09 Contributions: \$1,361

↻ Congregational Care Items ↻

We extend our loving support to:

Cliff Beck who is home recovering from mitral valve replacement surgery

We celebrate with:

Gordon Branson on Ruth's 82nd birthday.

Bibi Harris in appreciation of the Grounds Committee's work on the new breezeway.

WELCOME NEWCOMERS!

Please join us in Fellowship Hall for coffee and good conversation after the service. We have a special newcomer's table with coffee mugs and information about Unitarian Universalism. Our greeters will be there to speak with you and help you feel at home.

1st Annual Upstate SC Jewish Festival SHALOMFEST '09

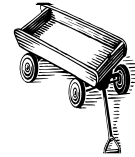


Sunday, March 22, 2009, 11 am – 6 pm the Temple of Israel invites you to the first Jewish cultural festival in the Upstate of South Carolina! You will have the opportunity to taste traditional Jewish foods, hear Jewish and Israeli music, be a part of a Jewish wedding, learn about a Passover Seder and see a Torah scroll up close. Admission to this event is free! For further information and directions contact Terri Anderson, Director of Education, Temple of Israel, 400 Spring Forest Road, Greenville, SC 29615, 292-1782, principal@templeofisrael.org or visit their website at www.templeofisrael.org.

Pat's Pantry

Please try to make a donation every week. These are hard times and every bit helps.

Thanks
Carole Lavash



Meet UU's From All Over the Western Carolinas! Attend the Western Carolinas Cluster Gathering

Saturday, March 21st 8:30 am - 4:30 pm
UU Fellowship of Hendersonville, NC

The theme is 'Hand in Hand, Growing, Working and Singing Together'. Keynote speaker is Rev. Laurel Hallman, Senior Minister of the First Unitarian Church in Dallas, Texas. There will be workshops, wonderful music, networking and sharing, youth programs, and a celebration service. There are registration forms on the lobby bulletin board under Denominational Affairs or you can register online at www.wccluster.org. Register by March 16. Early bird adult registration is \$30 before March 11th; \$35 after March 11th. Registration for teens is \$10. Registration includes all programs and food. See the complete program at www.wccluster.org. Details are also posted on the lobby bulletin board under Denominational Affairs.

Want to Contact Us?

Greenville Unitarian Universalist Fellowship
1135 State Park Road
Greenville, SC 29609

864-271-4883 fax 864-271-6088
www.greenvilleuu.org office@greenvilleuu.org

Office Hours
Monday – Friday
10 am – 4 pm