

## Highlights in Lifespan Religious Education



From Babies to Sages  
February 1, 2009



CHECK OUT THE NEW UPDATED YOUTH NEWS PAGE ON OUR WEBSITE AT [GREENVILLEUU.ORG](http://GREENVILLEUU.ORG). Scroll down the main page to the Youth R.E. News link. We have provided calendars, forms, and details on our major events to help you stay informed!



### Classes and Events Today

- 9:30 Childcare begins  
9:45 Adults — Course in Miracles, Discussion Group, Spirit Play  
Manipulatives Class, Saving Jesus  
Children -- Children's Chapel with Kris Beliakoff  
10:00 3 Years to 4<sup>th</sup> Grade – Spirit Play  
5<sup>th</sup>-6<sup>th</sup> Grade – Kingdom of Equals  
11:00 Middle School, 9<sup>th</sup> grade, 10-12<sup>th</sup> grade – Class with advisors  
11:20 Elementary – Activities with volunteers after story in service  
12:00 Super Bowl Sandwich Fundraiser  
12:30 Parents of Teens meet for Trips/Fundraising discussion  
Children and Youth RE Committee Meeting, RE classroom  
12:50 OWL Parent orientation begins

### **Super Bowl Sunday Sandwiches! Today after the Service! Fellowship Hall**



Mmmm....is there anything better than Sub sandwiches during the Super Bowl Sunday game? The senior high youth will be providing eat-in or take-home sandwich meals for you to enjoy. The meal will include a 6" Sub sandwich (veggie or meat) chips, drink, and a dessert for \$5. Stay to share the meal with others or take it on home to enjoy with the rest of your Sunday. All proceeds will go towards the Youth Travel Fund which funds Coming of Age and Senior High trips.

#### How to Reach Us:

Kris Beliakoff, Director of Lifespan Religious Education & Administration  
Office 271-4883, Cell 906-5368, Email: [Kris.Beliakoff@gmail.com](mailto:Kris.Beliakoff@gmail.com)  
Office Days: Sun - Thurs  
Karen Conrad, Adult Religious Education Chair  
Email: [innisfreedesigns@yahoo.com](mailto:innisfreedesigns@yahoo.com)

**Next RE meetings:** Adult RE Feb. 8<sup>th</sup>.

## Special Friends

### Adult Special Friends

#### Reminders: Special Friends Week Is February 9<sup>th</sup>-15<sup>th</sup>

Remember to call your child's parent to introduce yourself early the week of February 9<sup>th</sup>. Mail a note, a poem, something simple to your child without identifying who you are, but to let them know that they have a special friend waiting to meet them. Prepare two matching name tags – one with your name, one with their's. Mail their name tag to them or have it delivered by one of our Special Friends helpers on Sunday February 15<sup>th</sup>. Join us for lunch at the Spaghetti luncheon to meet your young friend face to face. We will have special tables decorated for our participants. Remember, no store bought gifts, please. Your friendship is the gift!



### Snowboarding Anyone? All Ages.

**February 16<sup>th</sup>** is a school holiday and a group of GUUF families are planning to head to Wolf Ridge which is about 1.5 hours north of the Fellowship for a day of snowboarding and an early evening dinner together. Snowboarders need to be aged 8 or older. There is even a Tube Run for those wishing for something less involved and less costly or for those younger than 8. We will carpool. Of course you can bring friends, but permission slips and assistance with carpooling arrangements will be needed from all families. We need at least 15 people to get our group rate. I have 10 already! Prices range from \$15 (price just went up with the snow. 6 and under are free with an adult) to tube to around \$65 (with group of 15) to snowboard.

<http://www.skiwolfridgenc.com/pdf/group-packet.pdf>

<http://www.skiwolfridgenc.com/tubing.htm>

### Families and Teens -- Save these dates:

**Feb. 1<sup>st</sup> Super Bowl Fundraiser, Parent Meeting for OWL and 9<sup>th</sup>-12<sup>th</sup> Grade Trips**

**February 8<sup>th</sup> Mountain CON Papers Due! Snowboarding reservations due. See Kris Beliakoff**

**February 16 Snowboarding**

**March 6-8<sup>th</sup> Mountain CON for 9<sup>th</sup> grade and up \$90**

**June - Boston for 9<sup>th</sup> graders (if April is voted out) and NYC for 10-12<sup>th</sup>**

### Lost and Found Items are Piling Up

We have a variety of items that folks have left behind in their classes or on one of our outings. Please stop by the RE lobby and look by the wall by the elevator. There you will find a shelving unit with all sorts of items waiting to go home with the rightful owner. We also have scrapbooks from Neighboring Faiths two years ago and last year's 3-D clay reliefs that are too beautiful for us to just throw away.

## **A SEDER FOR ALL AGES!**

All are welcome to attend a Passover Seder brought to you by the CYRE committee. Please join us April 19th, 1:00 PM in the Fellowship Hall. We will learn the stories and traditions associated with a Seder, and share a traditional meal (with vegetarian options) afterwards. To attend all you need to do is RSVP by April 5th and purchase your ticket. Tickets are \$10.00/family or \$5.00/person. Proceeds will cover part of the cost of the lunch. You are also welcome to help RE by contributing a small part of the meal. We will have a list of donation items available when you purchase your ticket. If you would like to help with this event please contact Wendy Plummer at [wplummer@wyckoffllc.com](mailto:wplummer@wyckoffllc.com) or 864.654.1334. All other questions please contact Kris Beliakoff or a member of the CYRE committee. Tickets are available from committee members before or after service beginning today.

Passover is a weeklong festival commemorating the Jews Exodus from Egypt and the liberation of the Israelites from slavery.

It is traditional for Jewish families to gather on the first night of Passover for a special dinner called a Seder (סדר—derived from the Hebrew word for "order", referring to the very specific order of the ritual). During this meal, the story of the Exodus from Egypt is retold using a special text called the Haggadah. Four cups of wine are consumed at various stages in the story.

The Seder is replete with questions, answers, and unusual practices to arouse the interest and curiosity of all the attendants of the Seder. The participants are rewarded with candies when they ask questions and participate in the discussion of the Exodus and its aftermath. Children are encouraged to search for the afikoman, the piece of matzo which is the last thing eaten at the Seder. The child or children who discover the hiding place of the afikoman are rewarded with a prize or money. Audience participation and interaction is the rule, and participants find the Seder is full of animated discussions and, if you are up for it, singing.

Our Seder at GUUF will not be on the first night of Passover, but we will definitely provide you with a taste of what the Seder meal is all about. We will eat traditional dishes and sing songs and tell the story of Passover.



### **Join or Return to Old GUUFers**

#### **February 12, Thursday 12:00 noon, Fellowship Hall**

The Old GUUFers will resume their monthly meetings on Thursday, February 12. I'll be calling those already on my list. If you are newly retired and would like to join the Odd (and not so old) GUUFers, please call me, Suzanne Hart. 864.235.1714.

### **Discussion Group Short Story**

#### **February 15, Sunday, 9:45 AM**

The GUUF Discussion Group will have its next Short Story Discussion Session February 15<sup>th</sup>. Harlan Ellison's short story "'Repent, Harlequin!' Said the Ticktockman" will be discussed. It is the recipient of the 1965 Nebula Award and the 1966 Hugo award. For more information contact Herb Reeves at [hbrv6@yahoo.com](mailto:hbrv6@yahoo.com). Founders Room



**Spiritual Cinema**  
**February 18, Wednesday, 7 PM, Founders Room**

It's arrived! "BILL MOYERS JOURNAL presents the film BEYOND OUR DIFFERENCES which explores the common threads that unify the world's religious traditions. In BEYOND OUR DIFFERENCES, religious leaders, politicians and luminaries in their fields give voice to the positive effects of spirituality and morality, focusing on commonalities spanning all faiths. While the negative — even violent — side of religion is widely reported, director Peter Bisanz documents the hope for positive change and healing universal to so many. The format of this film is different where we can stop it along the way and discuss if we wish. "Source: PBS. Let me know if you need childcare at least a couple days in advance. Facilitator: Kris Beliakoff. P.S. There is some discussion about beginning a mid day version of this course in March. Please let me know if you are interested.

**Winter 2009 Yoga Classes**

**(T u e s d a y s) 6:30 – 8:15 pm, Fellowship Hall**

**February 3, 10, 17, 24, March 3, 10, 17, 24, 31st**

Join Bruce Cable, M.Ed. with 25 Years experience teaching Hatha Yoga and a certified Sivananda Method Teacher. Come to learn or continue the practice of Yoga. Enhance flexibility, maintain health, counteract stress, and increase energy. Classes held in the Fellowship Hall. Donations are gratefully accepted. (A portion of all proceeds goes to the fellowship.) Additional Info/ Directions/ Questions: Contact the office at 864-271-4883, Or [Office@greenvilleuu.org](mailto:Office@greenvilleuu.org). Content Questions to: [brucecable@hotmail.com](mailto:brucecable@hotmail.com). Childcare is available for an additional fee.



**New Adult RE Classes Taking Registrations:**

***Meditation in Motion with Dan Lally***

***March 14, Saturday, 9:30 AM–12:30 PM, Fellowship Hall***

Dan Lally will present a three-hour workshop on Meditation-in-Motion – a holistic approach to sacred scripture. Seeking common ground among Christianity, Hinduism, Taoism, Buddhism, Islam, and Judaism, Dan will present his unique approach to blending motion into spiritual studies. He presented at General Assembly and is traveling down from Kentucky to join us for our own winter refresher.

"Daniel Lally, BA University of Notre Dame, is the founder of Body-Centered Solutions, Way Chi®, Mission~in~Motion®, and the co-founder of Astrolo-Chi®. He is also author of various books and videos, and is certified in yoga, reiki and acupuncture. His passion for holistic and inclusive approaches to peace began with Richard Bach, Michael Murphy and Taoism books in 1985, and deepened with inner child healing work championed by John Bradshaw. With Michael Whiting in 1990 he began to experience powerful transformations *as a student of chi gong, meditation and interfaith sacred literature. Daniel is also a 2003 graduate of the Hakomi Body-Centered Psychotherapy training and a member of The Mankind Project®.*"

*More info at . . . <http://www.earthrhythms.biz/>*

***Rise Up and Call Her Name, A Woman-honoring Journey Into Global Earth-based Spiritualities***

**9:00 AM Sundays\*, Women's Room**

Designed for female and male participants from mature teen to adult, this curriculum explores ethical principles central to a variety of Earth and woman-honoring traditions around the globe and throughout history. We will offer this course in several blocks, with this block focusing on Native American studies. A wide range of activities including music, art, dance, poetry, dialogue and ritual provide diverse opportunities to develop fresh perspectives on fearlessness, compassion, nurturing and numerous other aspects of personal spirituality. Registration required along with childcare needs by March 1<sup>st</sup>. Contact the office, Kris Beliakoff or Annie Pal. \*Dates: March 22<sup>nd</sup>, March 29<sup>th</sup>, April 5<sup>th</sup>, April 19<sup>th</sup> and April 26<sup>th</sup>.

**Ethical Wills with Rev. Norm**

**March 25th, Wednesday, 7 PM, Founders Room**

Most of us have heard about wills, living wills, powers of attorney, last wishes, etc., but have you ever thought about what you leave behind of a more spiritual nature? From Yourethicalwill.com: "You are much richer than the sum of your material assets, yet your legal will only addresses the question, 'What do I want my loved ones to have?' An Ethical Will is a personal legacy letter that transmits the non-material assets that are also of great importance: your values, your story, the lessons life has taught you, the information that is too valuable to risk being lost. Your Ethical Will is the tool that enables you to address the question, 'What do I want my loved ones to know?' Not everyone can pass along a financial legacy, but everybody can transmit some of the richness of life by creating an Ethical Will."

Join the Reverend Norm Stewart in this workshop that explores the art and the science of creating what some call, the most important document your heirs may receive. Registration required along with childcare needs by March 22<sup>nd</sup>. Contact the office or Kris Beliakoff to register.

**~ ~On Going Meetings and Classes~ ~**

***Childcare begins at 9:30 am each Sunday***

**A Course in Miracles** (LOR) Sundays, 9:45 — 10:45 am, Contact: Jean Blank (239-0110)

**African Drum Classes** (FH) 1<sup>st</sup> Thursday each month, Contact: Joan Baker (232-1660)

**Community Drum Circle** (FH) Last Sundays of each month, 1:00 — 2:00 pm, Contact: Joan Baker (292-6054)

**Discussion Group** (FR) Sundays, 9:45 — 10:45 am, Contact: Cliff Beck (848-9734)

**Women's Book Group** (WR) 2<sup>nd</sup> Sunday each month, 9:45 — 10:45 am, Contact: Susan Cooper (288-4912)

**Zen Meditation** (LOR) Tuesdays, 7:30 pm, Contact: Carole McAfee (236-8484)

**Senior Fellowship** (FH) **RESUMING MONTHLY MEETINGS BEGINNING FEBRUARY 12th** 2<sup>nd</sup> Thursday each month, 12:00 — 2:00 pm, Contact: Suzanne Hart (235-1714).

**Dinner & A Movie** (FH) 2<sup>nd</sup> Sunday each month at 6:00 pm, Contact: Bo Boghani (458-8332)

**The ManKind Project** (WR) Wednesdays, 7:00 — 9:00 pm, Contact: John Szczesniak (901-6068)

**GUUF Singers** (CR) Sundays, 9:30 — 10:45 am, Contact: Miriam Davidson (285-0994 or miriam@wishingchair.com)

**Yoga** (FH) Tuesdays beginning February 3<sup>rd</sup> until March 31<sup>st</sup>, 9 weeks, 6:30 — 8:00 pm, Contact: Bruce Cable (906-8067)

**Drop-In Artist Group** (FH) Open to any and all artists, Wednesdays, 1:00 — 4:00 pm, Contact: Carole Lavash (855-3821)



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## Join or Re-Join the Old GUUFers

The Old GUUFers will resume their monthly meetings on Thursday, February 12<sup>th</sup> at noon. I'll be calling those already on my list. If you are newly retired and would like to join the Odd (and not so old) GUUFers please call me.

Suzanne Hart  
235-1714

### **WELCOME NEWCOMERS!**

Please join us in Fellowship Hall for coffee and good conversation after the service. We have a special newcomer's table with coffee mugs and information about Unitarian Universalism. Our greeters will be there to speak with you and help you feel at home.

## UUs Helping UUs

To help one another, the Fellowship is providing a very low-cost publication to promote the businesses and services people within the GUUF community have to offer to our members and friends that will be circulated only within our congregation. It is called **UUs Helping UUs**.

**EXTENSION GRANTED:** All ad applications must be in by Mid-February. So please hurry!

Pick up an ad outline and information sheet in the Fellowships foyer or contact Glen Rowley, Email: [glenrowley@charter.net](mailto:glenrowley@charter.net), phone: 859-9992 Ad requests can be turned in or mailed to the office, or given to Glen Rowley.

## Southernside Needs Your Help

Making take-away meals for the beneficiaries of Southernside is an easy and fulfilling experience. We need twelve groups (one per month) to pick one of the second Saturdays in 2009 to make and deliver the meals. All details will be provided. No guessing as to what to do. If I can do it, you can too.

Please let us know which month you can take. We'd like to get the calendar done for the year and move onto bigger things.

Ed and Francine Proulx ([theproulxfamily@mac.com](mailto:theproulxfamily@mac.com) 864-704-3263 or 864-245-8788

## Rinehart Baron (February 1, 1936 – January 12, 2009)

It is with sadness that I inform you of the death of Greenville UU Fellowship member Rinehart Baron. Our condolences go to his wife Martha and their family.

After a 20-year battle with Parkinson's disease Rinehart succumbed to it and complications including pneumonia on Monday evening at The Cottages of Brushy Creek nursing home facility. Martha and their daughter Melanie Alpert-Baron had been with him in his final days. Rinehart and Martha moved to Greenville a few years ago to be closer to their daughter, Melanie and son-in-law, Richard and grandchildren, Alex and Adina. Their daughter Erika Pretell and son-in-law Eduardo and grandchildren, Sofia and Marco live in California but have been spending this year in Mexico.

A Memorial Celebration of Rinehart's life is being planned for February 7th at 2 p.m. at the Greenville Unitarian Universalist Fellowship.

If you can help with the reception or with food for the reception please contact Lynda Molnar, Carole Lavash, or the Fellowship Office.

Weekly Updates on Attendance & Contributions  
1/25/09 Attendance: 166  
1/25/09 Contributions: \$2,315

### Dinner and a Movie

**Movie:** Tsotsi (2006)

**When:** Sunday, February 8th, 2009

**Time:** Potluck Dinner 6pm, Film 7pm

**Place:** Greenville Unitarian Universalist Fellowship



**The Movie:** This Oscar-winning Best Foreign Language film shows that no soul is too far gone from being reformed. After shooting a woman and driving off in her car, Tsotsi (Presley Chweneyagae), a ruthless thug, is surprised to discover he isn't alone, kept company by a crying infant in the backseat. He grudgingly takes the child home, and through his efforts to care for the tyke, Tsotsi slowly rediscovers his compassion, self-respect and capacity to love. This movie is rated R by the MPAA. Time 94 minutes

**The Food:** We will have a potluck at 6PM before the movie. Please bring a South African dish to share with 4-6 people. I like both [fooddownunder.com](http://fooddownunder.com) and [www.recipesource.com](http://www.recipesource.com). If you plan to drink, please bring beer or wine. The fellowship has a stove, refrigerator and microwaves.

*Please contact Bo Boghani at 458-8332 or [boghanibs@bellsouth.net](mailto:boghanibs@bellsouth.net) with questions.*



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## **Il mondo di UU del pranzo annuale degli spaghetti dei bambini**

### **The UU World of Children's Annual Spaghetti Luncheon**

The UU World of Children will sponsor their annual Spaghetti Luncheon on **Sunday, February 15<sup>th</sup>** immediately following the service in the Fellowship Hall. Adults \$5.00, children under 6 free. Proceeds benefit the UU World of Children Preschool.

Volunteers are being recruited and can contact Merridee Harper (235-5858) home or (286-2367) work or via email (mharper@ghslumber.com).

Sarà fantastico, voi lo amerà!

It will be fantastic, you will love it!

### **Meet UU's From All Over the Western Carolinas! Attend the Western Carolinas Cluster Gathering**

Saturday, March 21st 8:30 am - 4:30 pm  
UU Fellowship of Hendersonville, NC

The theme is 'Hand in Hand, Growing, Working and Singing Together'. Keynote speaker is Rev. Laurel Hallman, Senior Minister of the First Unitarian Church in Dallas, Texas. There will be workshops, wonderful music, networking and sharing, youth programs, and a celebration service. There are registration forms on the lobby bulletin board under Denominational Affairs or you can register online at [www.wccluster.org](http://www.wccluster.org). Register by March 16. Early bird adult registration is \$30 before March 11th; \$35 after March 11th. Registration for teens is \$10. Registration includes all programs and food. See the complete program at [www.wccluster.org](http://www.wccluster.org). Details are also posted on the lobby bulletin board under Denominational Affairs.

*Want to Contact Us?*

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Office Hours  
Monday – Friday  
10 am – 4 pm