

*Highlights in Lifespan Religious Education*  
*From Babies to Sages*  
January 18, 2009



**Classes and Events Today**

- 9:30      *Childcare begins*  
9:45      *Adults — Course in Miracles, Discussion Group, Spirit Play*  
            *Manipulatives Class*  
            *Children's Chapel with Kris Beliakoff*  
10:00     *Spirit Play*  
            *Kingdom of Equals (5<sup>th</sup> and 6<sup>th</sup> grade)*  
11:20     *Elementary – Activities with volunteers after story in service*  
            *Middle School, 9<sup>th</sup> grade, 10-12<sup>th</sup> grade classes with advisors*  
12:00     *Neighboring Faiths Mosque Visit*

**Special Friends Week is On its Way!**

Do your Grandchildren live far away? Have your children left the nest? Or maybe not ready to start your own family yet? Have we got a deal for you!!!!

During the week of February 9-15, 2009 you can have the opportunity to connect with or even lavish affection upon one of the bright, beautiful younger members of the GUFF family. We need adults to sign up to be paired with a child. During Valentine's Week, you will contact your child two or three times by sending valentines, poems, riddles, etc. You'll send one of two identical nametags at the end of the week to be worn by each of you on Sunday, February 15<sup>th</sup> when your "Special Friend" identity will be revealed. If you would like to participate, please sign up in the RE area to receive further details. Don't miss this opportunity to win a child's heart!



We invite friends, young and old, to participate in a Valentine's week of delightful surprises. Please join us in an opportunity to make an interesting new friend in the congregation.

PARENTS: We hope your children will want to participate. It is a lot of fun, and we have had excellent participation in past years, forging strong intergenerational bonds. Please contact Jennifer Cowden (dave.cowden@gmail.com or 675-0373), or Kris Beliakoff (kris.beliakoff@gmail.com or 906-5368) if you have any questions. Drop children's forms in the Special Friends box in the RE area. Deadline to sign up is January 25, 2009.

**Next RE meetings:**

CYRE Feb. 1<sup>st</sup>. ARE Feb. 8<sup>th</sup>.

*This day in UU History: Joseph Tuckerman was born in Boston, MA. Tuckerman became the first Unitarian minister-at-large to assist the needy. He founded the Benevolent Fraternity of Unitarian Churches in Boston, which became a major influence on the development of professional social work and a model for other ministers and organization in the United State and England who wanted to address urban poverty.*

### **Teens -- Back by Popular Demand: It's Paintball Time!**

Teens from 6<sup>th</sup> grade and up are invited to our wildly popular youth group event on **January 25<sup>th</sup>**. Bragging rights and bruises seem to be the aim, and Ms. Kris is being egged on to give it a try. Well, if I can move after all the padding I plan to put on, I hope at least to provide a decent target -- though I doubt I will aim back! Meet here for class and lunch (free) or meet us at Red Fox Games at 1:30 PM. Permission forms, release forms, and \$20 are needed (\$10 if you have your own gear). Yes you can bring friends. Rain or shine unless it is torrential. ☺

More info: <http://www.redfoxgames.com/index2.html>.

Questions? Call Kris at 906-5368 or email at [Kris.Beliakoff@gmail.com](mailto:Kris.Beliakoff@gmail.com)

### **Super Bowl Sunday Sandwiches! February 1st**

Mmmm....is there anything better than Sub sandwiches during the Super Bowl Sunday game? The senior high youth will be providing eat-in or take-home sandwich meals for you to enjoy. The meal will include a 6" Sub sandwich (veggie or meat) chips, drink, and a dessert for \$5. Stay to share the meal with others or take it on home to enjoy with the rest of your Sunday. All proceeds will go towards the Youth Travel Fund which funds Coming of Age and Senior High trips. Questions? Contact Steve Duda or Kris Beliakoff.

### **Snowboarding Anyone? All ages.**

**February 16<sup>th</sup>** is a school holiday and a group of GUUF families are planning to head to Wolf Ridge which is about 1.5 hours north of the Fellowship for a day of snowboarding and an early evening dinner together. Snowboarders need to be aged 8 or older. There is even a Tube Run for those wishing for something less involved and less costly or for those younger than 8. We will carpool. Of course you can bring friends, but permission slips and assistance with carpooling arrangements will be needed from all families. We need at least 15 people to get our group rate. I have 10 already! Prices range from \$10 to tube to around \$70 to snowboard.

<http://www.skiwolfridgenc.com/pdf/group-packet.pdf>

<http://www.skiwolfridgenc.com/tubing.htm>

#### **Teens -- Save these dates:**

**January 25<sup>th</sup> Paintball for 6<sup>th</sup> grade and up**

**Feb. 1<sup>st</sup> Super Bowl Fundraiser**

**February 6-8<sup>th</sup> Charlotte CON - 10<sup>th</sup> - 12<sup>th</sup> grade See Julie Csizmadia \$45**

**February 8<sup>th</sup> Mountain CON Papers Due! See Kris Beliakoff**

**February 16 Snowboarding**

**March 6-8<sup>th</sup> Mountain CON for 9<sup>th</sup> grade and up \$90**

### OWL Begins in February

Once again we will offer Our Whole Lives sexuality education for teens in 7th-9th grade. Over the course of three weekends in February and March, the teens participate in an inclusive and developmentally appropriate program that models and teaches caring, compassion, respect and justice for sexual health. The program is holistic moving beyond the intellect to address attitudes, values, and feelings that youth have about themselves and the world. Developed jointly by the Unitarian Universalist Association and the United Church Board for Homeland Ministry, United Church of Christ, the underlying values of the program reflect the justice-oriented traditions of both denominations.

The overall goal of the Our Whole Lives program is to create a positive and comprehensive lifespan educational program that helps participants gain the knowledge, values, and skills they need to lead sexually healthy, responsible lives. Sexual Health, Lifespan Sexuality, Building Healthy Sexual Relationships and Sexuality and Social Issues are studied, discussed and reflected upon in a supportive environment that stresses accurate knowledge and healthy decision making. Our instructors are Pat Edwards and Pat Dillow who have facilitated GUUF's Owl program for many years.

There is no cost for the program but families will be required to provide the food. The session exact dates will be published by next week. The times are tentatively scheduled for 6:30 Friday evening to 4:00 PM Saturday day.

***Parents must attend an orientation in order for their teen to participate. The one-hour orientation is February 1st after the service.*** Families with teens in 7th-9th grade will receive more information in the mail. Please contact Kris Beliakoff or one of "The Pats" if you seek more information.

### A SEDER FOR ALL AGES!

All are welcome to attend a Passover Seder brought to you by the CYRE committee. Please join us April 19th, 1:00 PM in the Fellowship Hall. We will learn the stories and traditions associated with a Seder, and share a traditional meal (with vegetarian options) afterwards. To attend all you need to do is RSVP by April 5th and purchase your ticket. Tickets are \$10.00/family or \$5.00/person. Proceeds will cover part of the cost of the lunch. You are also welcome to help RE by contributing a small part of the meal. We will have a list of donation items available when you purchase your ticket. If you would like to help with this event please contact Wendy Plummer at [wplummer@wyckoffllc.com](mailto:wplummer@wyckoffllc.com) or 864.654.1334. All other questions please contact Kris Beliakoff or a member of the CYRE committee. Tickets are available from committee members before or after service after February 1st.





**Spiritual Cinema**  
**January 21, Wednesday, 7 PM, Founders Room**

It's shorts time! Most of the films I receive arrive with accompanying "shorts." These complete films come from around the world and share in common a chance to surprise us, visually please us, and usually teach us something about ourselves. Twice a year or so we take a break from the longer films and enjoy these shorter gifts. We will share at least three shorts and discuss our reactions. Always a crowd pleaser! Let me know if you need childcare at least a couple days in advance. Facilitator: Kris Beliakoff

**Saving Jesus Begins Again in February**  
**9:30 AM Sundays, Begins Feb. 1<sup>st</sup> Teen Lounge downstairs**

*We now have a waiting list. Please see Jackie Weddington or Kris Beliakoff to add your name to the list. We are doing our best to squeeze more folks in!* Ever feel like Jesus has been kidnapped by the Christian Right or the Secular Left? Saving Jesus is a revolutionary DVD-based small group exploration of Jesus Christ for the third millennium. Featuring leading religious voices of our day, the 12-week program includes historical, theological, spiritual and social justice themes for a conversation around the relevance of Jesus Christ for today. Facilitator Karen Conrad, Jackie Weddington.

**Feb. 1<sup>st</sup> Planning Session, 12:30 Saving Jesus – Extended Discussion Group**

For those who took the previous sessions of Saving Jesus, Jackie Weddington has reserved this time to decide how this group wishes to proceed. If you already took the course and have been waiting for the extended discussion and extension activities, now is the time to decide the plan. Space and times have been reserved; the logistics are up to the group.

**Power of Myth, Joseph Campbell and Bill Moyers** – DVD series and discussion. Mythology is humanity's universal method of seeking the transcendental, and "follow your bliss" is the timeless formula for spiritual satisfaction. Campbell himself is the embodiment of these themes, an erudite scholar and quintessential storyteller, recalling a wide spectrum of myths from throughout history (Japanese, Native American, Egyptian, Mayan, and many more) to illustrate humankind's eternal quest to grasp the mysteries of creation. Historical artifacts and illustrations bring these timeless stories to life. 9:45 AM; starting date to be decided.

**Lost and Found Items are Piling Up**

We have a variety of items that folks have left behind in their classes or on one of our outings. Please stop by the RE lobby and look by the wall by the elevator. There you will find a shelving unit with all sorts of items waiting to go home with the rightful owner. We also have scrapbooks from Neighboring Faiths two years ago and last year's 3-D clay reliefs that are too beautiful for us to just throw away.

## **New Adult RE Classes Taking Registrations:**

### **Meditation in Motion with Dan Lally March 14, Saturday, 3 hour (time TBA)**

Dan Lally will present a three-hour workshop on Meditation-in-Motion – a holistic approach to sacred scripture. Seeking common ground among Christianity, Hinduism, Taoism, Buddhism, Islam, and Judaism, Dan will present his unique approach to blending motion into spiritual studies. He presented at General Assembly and is traveling down from Kentucky to join us for our own winter refresher.

“Daniel Lally, BA University of Notre Dame, is the founder of Body-Centered Solutions, Way Chi®, Mission-in-Motion®, and the co-founder of Astrolo-Chi®. He is also author of various books and videos, and is certified in yoga, reiki and acupressure. His passion for holistic and inclusive approaches to peace began with Richard Bach, Michael Murphy and Taoism books in 1985, and deepened with inner child healing work championed by John Bradshaw. With Michael Whiting in 1990 he began to experience powerful transformations as a student of chi gong, meditation and interfaith sacred literature. Daniel is also a 2003 graduate of the Hakomi Body-Centered Psychotherapy training and a member of The Mankind Project®.”

More info at . . . <http://www.earthrhythms.biz/>

### ***Rise Up and Call Her Name, A Woman-honoring Journey Into Global Earth-based Spiritualities***

**9:00 AM Sundays\*, Women's Room**

Designed for female and male participants from mature teen to adult, this curriculum explores ethical principles central to a variety of Earth and woman-honoring traditions around the globe and throughout history. We will offer this course in several blocks, with this block focusing on Native American studies. A wide range of activities including music, art, dance, poetry, dialogue and ritual provide diverse opportunities to develop fresh perspectives on fearlessness, compassion, nurturing and numerous other aspects of personal spirituality. Registration required along with childcare needs by March 1<sup>st</sup>. Contact the office, Kris Beliakoff or Annie Pal. \*Dates: March 22<sup>nd</sup>, March 29<sup>th</sup>, April 5<sup>th</sup>, April 19<sup>th</sup> and April 26<sup>th</sup>.

### **Ethical Wills with Rev. Norm March 25<sup>th</sup>, Wednesday, 7 PM**

Most of us know about wills, living wills, powers of attorney, last wishes, etc., but have you ever thought about what you leave behind of a more spiritual nature? From [Yourethicalwill.com](http://Yourethicalwill.com): “You are much richer than the sum of your material assets, yet your legal will only addresses the question, ‘What do I want my loved ones to have?’ An Ethical Will is a personal legacy letter that transmits the non-material assets that are also of great importance: your values, your story, the lessons life has taught you, the information that is too valuable to risk being lost. Your Ethical Will is the tool that enables you to address the question, ‘What do I want my loved ones to know?’ Not everyone can pass along a financial legacy, but everybody can transmit some of the richness of life by creating an Ethical Will.”

Join the Reverend Norm Stewart in this workshop that explores that the art and the science of creating what some call, the most important document your heirs may receive. Registration required along with childcare needs by March 22<sup>nd</sup>. Contact the office or Kris Beliakoff to register.



Greenville  
Unitarian Universalist  
Fellowship

The Weekly Spark  
*Spark the Memory, Spark the Spirit*  
January 18, 2009

CONGREGATIONAL MEETING

**TODAY**

Immediately After the Service In The Sanctuary  
Election of Two Members to the Committee on Ministry

**Southernside Needs Your Help**

Making take-away meals for the beneficiaries of Southernside is an easy and fulfilling experience. We need twelve groups (one per month) to pick one of the second Saturdays in 2009 to make and deliver the meals. All details will be provided. No guessing as to what to do. If I can do it, you can too.

Please let us know which month you can take. We'd like to get the calendar done for the year and move onto bigger things.

Ed and Francine Proulx  
theproulxfamily@mac.com  
864-704-3263 or 864-245-8788

**WELCOME NEWCOMERS!**

Please join us in Fellowship Hall for coffee and good conversation after the service. We have a special newcomer's table with coffee mugs and information about Unitarian Universalism. Our greeters will be there to speak with you and help you feel at home.

**Rinehart Baron (February 1, 1936 – January 12, 2009)**

It is with sadness that I inform you of the death of Greenville UU Fellowship member Rinehart Baron. Our condolences go to his wife Martha and their family.

After a 20-year battle with Parkinson's disease Rinehart succumbed to it and complications including pneumonia on Monday evening at The Cottages of Brushy Creek nursing home facility. Martha and their daughter Melanie Alpert-Baron had been with him in his final days. Rinehart and Martha moved to Greenville a few years ago to be closer to their daughter, Melanie and son-in-law, Richard and grandchildren, Alex and Adina. Their daughter Erika Pretell and son-in-law Eduardo and grandchildren, Sofia and Marco live in California but have been spending this year in Mexico.

A Memorial Celebration of Rinehart's life is being planned for February 7th at 2 p.m. at the Greenville Unitarian Universalist Fellowship.

If you can help with the reception or with food for the reception please contact Lynda Molnar, Carole Lavash, or the Fellowship Office.

**~ ~ On Going Meetings and Classes ~ ~**

***Childcare begins at 9:30 am each Sunday***

**A Course in Miracles** (LOR) Sundays, 9:45 — 10:45 am, Contact: Jean Blank (239-0110)

**African Drum Classes** (FH) January 2009 class will be 2<sup>nd</sup> Thursday, 6:30 — 7:30 pm, February 2009 will be back on schedule to 1<sup>st</sup> Thursdays again, Contact: Joan Baker (232-1660)

**Community Drum Circle** (FH) Last Sundays of each month, 1:00 — 2:00 pm, Contact: Joan Baker (292-6054)

**Discussion Group** (FR) Every Sunday, 9:45 — 10:45 am, Contact: Cliff Beck (848-9734)

**Women's Book Group** (WR) 2nd Sunday each month, 9:45 — 10:45 am, Contact: Susan Cooper (288-4912)

**Zen Meditation** (LOR) Tuesdays, 7:30 pm, Contact: Carole McAfee (236-8484)

**Senior Fellowship** (FH) Cancelled until further notice.

**Dinner & A Movie** (FH) Every 2nd Sunday of the month at 6:00 pm, Contact: Bo Boghani (458-8332)

**The ManKind Project** (WR) Every Wednesdays of each month, 7:00 — 9:00 pm, Contact: John Szczesniak (901-6068)

**GUUF Singers** (CR) Every Sunday, 9:30 — 10:45 am, Contact: Miriam Davidson (285-0994 or miriam@wishingchair.com)

*~ Congregational Care Items ~*

*We extend our loving support to:*

*Jan Arnold -- recovering from pneumonia & broken ribs  
Candy Kern-Fuller's friend in Florence -- recent heart attack  
The Baron family -- death of Rinehart Baron*

*We celebrate with:*

*Steve Compton -- healthy again  
Susan Hiers' son, Donny -- 4th birthday*

## **UUs Helping UUs**

To help one another, the Fellowship is providing a very low-cost publication to promote the businesses and services people within the GUUF community have to offer to our members and friends that will be circulated only within our congregation. It is called **UUs Helping UUs**.

All ad applications must be in by January 31<sup>st</sup>, and the goal is to have the ads published and distributed in Mid-February. So please hurry!

Pick up an ad outline and information sheet in the Fellowships foyer or contact Glen Rowley, Email: glenrowley@charter.net, phone: 859-9992 Ad requests can be turned in or mailed to the office, or given to Glen Rowley.